



FIGTREE HIGH SCHOOL

PARENT BULLETIN

Term 3 Week 8, 9 September, 2016

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T3 Week 10	Week Starting 19 September
Monday 19/09/16	<ul style="list-style-type: none"> - Yr 10 Geography Task - Yr 10 PASS Coaching Presentation Task - Yr 10 History Task - Yr 7 French listening/speaking Tasks Preliminary Examinations
Tuesday 20/09/16	<ul style="list-style-type: none"> - Yr 7 History Excursion – Jibbon Beach - Yr 7 French listening/speaking Tasks - Links to Learning - Preliminary Examinations
Wednesday 21/09/16	<ul style="list-style-type: none"> - Yr 7 French listening/speaking Tasks - Preliminary Examinations
Thursday 22/09/16	<ul style="list-style-type: none"> - Yr 7 French listening/speaking Tasks - Parent Reading
Friday 23/09/16	<ul style="list-style-type: none"> - Yr 12 Graduation - 9:30am in Auditorium - Yr 11 Royal Lifesaving First Aid - Yr 7 French listening/speaking Tasks - PDHPE/SLR classes – First Aid Certificate
T4 Week 1	Week Starting 10 October
Monday 10/10/16	All students return
Tuesday 11/10/16	Yr 7 2017 Parent and Student Information Evening
Wednesday 12/10/16	Adidas Fun Run CoS Film Showcase
Thursday 13/10/16	<ul style="list-style-type: none"> HSC Exams commence Yr 10 Food Tech Test Yr 7 Parent Reading
Friday 14/10/16	Yr 10 Food Tech Test
T4 Week 2	Week Starting 17 October
Monday 17/10/16	Yr 7 Resilience Day Incursion
Tuesday 18/10/16	Yr 8 Science Talks
Wednesday 19/10/16	
Thursday 20/10/16	<ul style="list-style-type: none"> Yr 10 IST Robotics Task Yr 7 Parent Reading Yr 7 Zone Gala Day
Friday 21/10/16	Yr 7 & 8 AIME Yr10 PASS task
Year 12 Purple Year 11 Olive Year 10 Blue Year 9 Red Year 8 Green Year 7 Orange	

Thoughts from the Principal



Welcome to our final newsletter for Term 3 and thank you for your support of our school this term.

Two very exciting pieces of news, and a final farewell to our Year 12 Graduation Class of 2016.

Firstly, a very big congratulations to our Boys Senior Baseball Team who achieved an outstanding result in their game against Killara High School in the top 4 in the state game this week. A convincing win has torpedoed this team into the State Final in which we play Westfield Sports High School next Wednesday at the Blacktown Olympic Baseball Stadium. A bus load of students is accompanying myself and the team to support our boys at the game and we would welcome any parents to join us at the stadium. This achievement is made sweeter by the fact we are the first non-Sports High School team to make it to a state final in fifteen years.

Secondly, I take great pleasure in announcing the Captains and Leadership Team for 2017. Our School Captains are Xoes Attipoe and Emily Murphy who will make worthy leaders. These girls will be ably supported by five dynamic leaders: Czarina Jermyn, Tara Rahmani, Chris Rutter, Ebony Tasker and Ben Vugrek. I am very proud of these young leaders and know they will do a stellar job in these leadership positions.

Finally, I take this opportunity to thank our Year 12 students and families for the contribution they have made to our school over the past six years. We are very proud of the collective achievements of this Year

Group and acknowledge the work of the late Ms Penny Costello and their current Year Adviser Ms Kerrie Harris in looking after the wellbeing of these students in their time at Figtree High School. Whilst their official farewell is next week, we would like to wish Year 12 well in their HSC Examinations and their future endeavours beyond school.

Have a safe and happy holiday. School re-commences on Monday 10 October 2016.

Karen Burke
Principal

PBL Core Values

WEEK 9: RESPECT

Be at the canteen only to buy for yourself

WEEK 10: RESPECT

Put rubbish in the bins

English Faculty

Year 9 and 10 are studying Shakespearean Tragedies, Macbeth and Romeo and Juliet. They have thoroughly enjoyed the universal concepts that Shakespeare explores in his plays.

Year 8 are studying poetry from the around the world. Students were able to further enhance their knowledge of people, places and events from other cultures.

Year 7 have finished the unit on 'Fairytale Unleashed'. This provided students with skills in the Performing Arts. Abbey Munro our Drama Teacher was able to work with these students in enhancing their performances. The students took on board her skills in effectively using the stage, voice projection, movement and character conviction. Abbey will be providing her expertise in Drama with script interpretation for the upcoming units.

Year 9 Drama has been busy working on their production of 'Antigone' a classic Greek Tragedy. An

audition process was held for the major parts. After consultation with the panel the major roles were chosen;

Antigone: Jessica Ellen

Creon: Zac Seymour

Ismene: Caitlyn Edwards

Chorus Leader: Trent Jenkins

Congratulations to these students.

Year 11 Drama are preparing for their Preliminary Examination on Absurdist Theatre and Australian Contemporary Theatre.

Lastly I would like to congratulate Year 12 Drama for their amazing and evocative showcase evening, 'VISIONS'. It was only last week that they completed their HSC Practical Examination. On behalf of the English/Drama Faculty we would like to wish Year 12 good luck in their HSC.

Ms Angela.Mintzas (Head Teacher English/Drama)

Here are some highlights from the Year 12 Showcase evening

VISIONS





Young Women's Forum



The Young Women's Forum Program offers young women in Year 10, from diverse cultural backgrounds, a safe, supportive and creative environment in which to share themes and topics that are important to them, access information relevant to their needs, and develop their self-esteem and confidence. The program is offered and conducted by youth and community workers from Wollongong Women's Information Service during school terms 2 and 3.



Last week, 30 August 2016, the Year 10 girls who have participated in this year's Young Women's Forum, attended Girl Talk Forum Day at Figtree Community Hall. The day provided the Year 10 girls with the opportunity to meet up with young women involved from other schools; share experiences and topics relevant to them as young women in a creative and fun way; access and exchange relevant information; and develop their skills and confidence further.

Our students had a great day displaying their skills and experiences, and mingling with other girls from our local high schools. They behaved in an exemplary manner, the feedback from other schools and the organisers of the day was extremely positive, and our girls' performances were highly commended.

Mrs Evia Kyriacou
EAL/D Teacher

Southern Stars Report from Year 11 Entertainment Students

"An amazing experience, we would love to do it again."

"A great learning experience."

"Doing the follow spot gave me the best seats in the house."

"Lovely people to work for."

"We learnt so much about the Industry."

These are quotes from our year 11 students who undertook compulsory VET Workplacement at the Wollongong Entertainment Centre for Southern Stars as part of their Entertainment Industry course.

Students were given a range of jobs in various departments including Stage Management, Props, Follow Spots, Audio, Customer Service and Performer Registration.

The working week started on Tuesday afternoon and finished late on Saturday night. Students completed between 40 and 50 hours of the 70 hours required for the course. Our students were thoroughly professional at all times and represented Figtree High School with merit. The Audio, Lighting and Staging experts, who our students were working with, were full of praise. Here's an example of some written feedback for Liam Simmonds (Yr11) by his workplace supervisor: "Liam worked well during his time as spotlight operator. He communicated well and demonstrated initiative and teamwork skills. Liam has excelled in his time here at Southern Stars".

It was also good to see ex-student Orion Jovanovic in his new role working for the Wollongong Entertainment Centre.

“The work was hard at the start” according to Caroline Dyball (yr11), “but it became easier as we got into our routines.”

“We had to work fast under pressure” said Brooke Connolly (yr 11).

Ruby Ljubovic (yr11) probably had the hardest job of all as one of the Assistant Stage Managers, ensuring that performers were in the right place at the right time.

Congratulations Yr11 Entertainment.



Report on Southern Stars Dancers by Abby and Gabby.

Every year being a part of southern stars is an amazing experience. This year's show 'Ignite' brought 3000 students together to produce a show that inspired and ignited memories, emotions and dreams.

Representing Figtree High School as part of the mass dance group, we danced in 'We are Australian', 'Let it rain', and 'Supernova'. 'We are Australian' let the whole arena come together to express the love we have for our home. We felt connected to each other by the land and the lyrics '*we are one, but we are many.*' Being a part of the individual item 'Let it rain' brought us together with other dancers and gave us the opportunity to make many friends that we will continue to stay in touch with.

It was a lot of fun to perform after the hours of hard work we all put in. The finale 'Supernova' involved everyone who had been a part of Southern Stars and was a spectacular way to close such an amazing show. Southern Stars would not go ahead without the outstanding work of the crew and of course, our beautiful teacher Mrs Bennett. Throughout show week we built strong bonds with our class mates and developed unbreakable friendships. Together we celebrated birthdays, partied, laughed until we cried, went on adventures, ate until we felt sick and screamed until we lost our voices.

As year 10 students, this was the last year we are able to be a part of southern stars and it has blessed us with many memories that we will always treasure and look back on in many years to come. Southern Stars has been an incredible experience that has allowed us to become a family.

Thankyou Southern Stars for all the good times.

Abby Mariner Noble and Gabrielle Livingstone (Yr 10)

LET WOLLONGONG CITY LIBRARIES HELP YOU
WITH YOUR HSC FOR FREE!

HSC LOCK-IN

Get locked in the library and use our study spaces, resources and online tutoring service without distraction! We'll provide the pizza!

**Friday 23 September
5-8pm
Warrawong Library**

Specialist tutors will be available for the following subjects;

*Standard, Advanced and Extension 2 English, Chemistry, Biology, Japanese,
Economics, Studies of Religion, Legal Studies and Modern History.*



WOLLONGONG CITY LIBRARIES
IDEAS, INFORMATION, ENJOYMENT

THIS IS A FREE EVENT! BOOKINGS ESSENTIAL. BOOK ONLINE THROUGH OUR WEBSITE
OR CONTACT WARRAWONG LIBRARY ON 4227 8133



Foster carers come from different backgrounds and lifestyles, but they all have a passion for improving the lives of young people.

We are currently seeking foster carers for children and teenagers in the Illawarra/Shoalhaven area.

Interested? Come along to our free Foster Care Info Session.

Date: Wednesday, 21 September

Time: 6.30pm – 8.00pm

Location: Level 1, 21 Auburn Street, Wollongong

For more information: Call (02) 4250 5500 or email
jade.cody@mackillop.org.au

**MacKillop
Family Services**

mackillop.org.au

SOMETHING TO DO 2016

wollongong
YOUTH
SERVICES

HANG OUT

Basketball, pool, table tennis, air hockey, TV, football, chill out room & more

**TUESDAYS 3-6PM
THURSDAYS 3-8PM
SATURDAYS 12-4PM**

ON AIR

Tune into 105.3 VaaFM & listen to radio hosted by young people. Want to be a presenter? Contact us

MONDAYS 8-9PM

RAINBOW ART LEAGUE SPACE

A social group for same sex attracted, gender diverse or questioning young people aged 16-25

MONDAYS 4-5.30PM

Learn new skills, meet other artists, create artworks for a Viva la Gong exhibition

TUESDAYS 4-5.30PM

MAKE & CREATE

Be part of the Viva la Gong parade. Come and make musical instruments, wearable art and more

WEDNESDAYS 4-5.30PM

ON STAGE

Performance space available for young people (12-24yrs). Full PA, sound engineer and lighting provided. Contact us to book your space

THURSDAYS 6-8PM

MULTI-CULTURAL YOUTH

Multicultural young people working together to organise multicultural events and activities

**MEETS FORTNIGHTLY
THURSDAYS 3.30-5PM**

REHEARSAL SPACE

Fully equipped sound proof music rehearsal space. \$5 p/p. Bookings essential

TUESDAY - SATURDAYS

BARISTA COURSE

Be mentored by experienced baristas & learn to make cafe quality coffee. Bookings essential

FRIDAYS 3.30-5PM

INTRO TO GUITAR

Learn the basics of guitar. Half hour lessons. Bookings essential

FRIDAYS

FRIDAY NIGHTS

2 SEPT
7 OCT
4 NOV
2 DEC
Check Facebook to find out what's on

FRIDAYS 6-9PM

BOOK A SPACE

Are you a young person and need a space for your group to meet? Book a space at the Youth Centre for free

TUESDAY - SATURDAYS

SPECIAL EVENTS

26 AUG Wear It Purple
8 SEPT RUOK Day
1 DEC World AIDS Day
Visit the Youth Centre on these days to see what's happening!

ANYTIME

LEGAL WALL

The back wall of the Youth Centre is a legal wall. Bring your own paint and practice your aerosol art skills

ANYTIME

SPRING HOLIDAYS

3 ON 3 Basketball
Music Workshops
Everyone Can Day - a range of art and music workshops

BOOK NOW

TELL US WHAT YOU THINK

Get an idea about something Youth Services should run? Let us know!

ANYTIME



To make a booking or to find out more information
CONTACT THE YOUTH SERVICES TEAM
P: 4227 8222 E: youthservices@wollongong.nsw.gov.au





NEW DRAGON BOAT LAUNCH & OPEN DAY

All the members of the ILLAWARRA DRAGON
BOAT CLUB would like to invite you and your family
and friends to come along have a FUN FILLED and
MOST ENJOYABLE DAY

ON

**SATURDAY 24th SEPTEMBER, 2016
From 10am onwards**

**Traditional blessing of the boat, opening the 3rd eye, dotting of the eyes.
Christian Blessing Chinese Lion Dancers Argentinian Drummers
Philipino Dancers Sausage Sizzle Belly Dancers Face Painting
Music and Dancing, Information Stall and MUCH MORE**

Enjoy a paddle (bring a change of clothes/shoes you don't mind getting wet, a chair
to sit on) paddles and PFD provided (if required)

You will find us at the Illawarra Rowing Centre, (opposite the speed camera), on
Northcliffe Drive, Warrawong.

COME

AND SEE

WHAT DRAGON BOATING

IS ALL ABOUT

If you require any further information please ring either Helen on 0403844880 or
Catherine on 0411577275

Phone : 0417066945

E mail : illawarradragonboaters@y7mail.com



NSW bike week

Proudly supported by Transport for NSW

Ride the Gong!

Cycling fun for everyone!

Saturday 17 September 2016, 10am - 2pm,
Southern end of Stuart Park, North Wollongong

Join us for **free** activities for
riders of all ages and abilities.

- Bike Maintenance Workshop
- Exhibitions and Information stalls from key cycling organisations
- Bike Helmet Exchange
- Bike Safety Checks and Displays
- Great Giveaways: Maps, Sunscreen, Backpack covers, Stickers and a Major Prize Draw
- Tom Foolery - The amazing children's entertainer with circus and magic on the move!
- Light Refreshments available

For more details contact:
Wollongong City Council's Road Safety Officer
on 4227 7111 or rso@wollongong.nsw.gov.au or
visit www.wollongong.nsw.gov.au/roadsafety



Proudly supported by Wollongong City Council and partners



www.wollongong.nsw.gov.au

17 - 25 September 2016

For more information visit transportnsw.info/bikeweek

Take Charge of your headspace

Wellbeing
Workshops

For ages 16-25

Need skills to help you manage stress
and cope with difficult times?

Check out our wellbeing workshops.
Book in for one (or all) to suit your needs.

Tuesday 16 August, 3.30pm-5pm
Staying active for wellbeing

Tuesday 23 August, 3.30pm-5pm
Sleeping well

Tuesday 30 August, 3.30pm-5pm
Mindfulness and relaxation

Tuesday 6 September, 3.30pm-5pm
Understanding and managing
my moods and anxiety

Bookings essential:

Contact headspace Wollongong on
4220 7660 or email
headspace@gph.org.au.



headspace
Wollongong



www.headspace.org.au/wollongong



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health under the Youth Mental Health Initiative

Proudly supporting:



**All ages, All standards
Fun Activities
Awards & Prizes over \$2000**

WOLLONGONG TERM 4, 2016

WORKSHOP BOOKINGS: 4227 1122

All workshops are at our Wollongong office (25-27 Auburn Street Wollongong).



*Concessions may apply dependent on financial circumstances.
Limited childcare may be available*

<p>STANDARD MENTAL HEALTH FIRST AID This course teaches adults how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis.</p> <p>Wednesday & Thursday 26 & 27 October 9:30am - 4:30pm</p> <p>Workshop Fee: \$198 <i>incl manual/lunch both days</i></p>	<p>BRINGING UP GREAT TEENS A workshop for parents of teenagers covering connecting with teens, managing conflict, big issues and psychological challenges.</p> <p>5 Tuesday evenings 6pm - 8pm 11, 18, 25 October 1 & 8 November</p> <p>Workshop Fee: \$15 per session</p>	<p>MY KIDS & ME A program for parents who have had their children removed from their care. It explores grief & loss & the impact on parents & children. Helps participants to develop strengths & build support networks.</p> <p>7 Monday afternoons 1pm - 3:30pm 10, 17, 24, 31 October 7, 14 & 21 November</p> <p>Workshop Fee: \$15 per session</p>	<p>SEEING RED Explores way for parents to deal with feelings of anger within themselves and their children. Participants will learn to recognise their own feelings and needs and those of others, communicate and listen to these feelings and needs, be assertive & express anger in a more constructive way.</p> <p>4 Tuesday mornings 10am - 12:30pm 15, 22, 29 November & 6 December</p> <p>Workshop Fee: \$15 per session</p>
<p>PARENTING CHILDREN WITH A DISABILITY Support and information for issues related to parenting a child with a disability. It explores: Expectations verses reality, dealing with feelings, behavior management strategies, communication skills, self-esteem, teaching children to care for themselves, routine, rules and boundaries and coping strategies. Resources will be made available.</p> <p>4 Monday mornings 10am - 12:30pm 17, 24, 31 October & 7 November</p> <p>Workshop Fee: No fee</p>	<p>ROLLERCOASTER (8-12 years) Assisting children who are experiencing change & loss as a result of family separation. Helps children to understand & develop strategies for anger management & problem solving & understand & feelings & emotions.</p> <p>8 Tuesday afternoons 4pm - 5pm 18, 25 October, 1, 8, 15, 22, 29 November & 6 December</p> <p>Workshop Fee: \$15 per session</p>	<p>123 MAGIC & EMOTION COACHING This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. Learn to be present & consistent as a parent.</p> <p>3 Monday afternoons 12noon - 2:30pm 28 November 5 & 12 December</p> <p>OR</p> <p>3 Friday mornings 10am - 12:30pm 25 November, 2 & 9 December</p> <p>Workshop Fee: \$15 per session</p>	
<p>KEEPING KIDS IN MIND A post-separation parenting program which helps parents learn how to deal with the emotional & practical issues of parenting after separation. The program helps explore grief & loss & the impact separation has on parents & their children.</p> <p>5 Friday mornings: 10am - 12:30pm 21, 28 October 4, 11 & 18 November</p> <p>OR</p> <p>5 Thursday evenings: 6pm - 8:30pm 10, 17, 24 November 1 & 8 December</p> <p>Workshop Fee: \$20 per session</p>	<p>WOMEN AS MOTHERS* WAM offers a supportive & nurturing environment for new mothers to make new friends whilst sharing parenting experiences, coping strategies & encouraging realistic expectations of themselves & their relationships. Topics include Becoming a mother & the needs of baby; Motherhood myths; Changing Relationships; Self Care and Baby Massage.</p> <p>5 Wednesday mornings 10am - 12noon 2, 9, 16, 23 & 30 November</p> <p>Workshop Fee: \$15 per session <i>* facilitators trained by Karitane</i></p>	<p>CIRCLE OF SECURITY Helping parents understand their child's world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships & increased capacity to handle their emotions. This program is a must for all parents.</p> <p>6 Thursday afternoons 1pm - 3:30pm 3, 10, 17, 24 November 1 & 8 December</p> <p>OR</p> <p>5 Tuesday evenings 6pm - 8:30pm 11, 18, 25 October 1 & 8 November</p> <p>Workshop Fee: \$15 per session</p>	



Apply **NOW** to be considered
for a position on the...

NSW Youth Advisory Council

2017

The NSW Youth Advisory Council (YAC) plays an important role in guiding NSW Government youth affairs and raising the views of young people.

Applications are sought from young people with relevant life experience, a keen interest in youth affairs and/or experience in youth and community organisations.

The YAC provides a direct avenue of communication between young

people and the NSW Government. The YAC meets regularly throughout the year to provide advice to the Minister responsible for Youth, Mr John Ajaka and to the Advocate for Children and Young People, Mr Andrew Johnson on issues, policies and laws that affect children and young people in NSW.

The 12 YAC members, aged between 12 and 24, come from all over the State and are broadly representative of the diversity of young people living in NSW.

Hurry! Applications close 30 Sep 2016

Apply online now at www.acyp.nsw.gov.au

Learn more about the YAC and its role at www.acyp.nsw.gov.au/yac2017

NSW Advocate for Children and Young People
Ground Floor, 219-241 Cleveland Street,
Strawberry Hills NSW 2052

Feel free to contact the office on
(02) 9248 0970
acyp@acyp.nsw.gov.au



Office of the
Advocate for Children
and Young People

acyp.



DODGE BALL

+ DINNER

**BRING A TEAM OR
JOIN ONE ON THE NIGHT**

Friday 2 September 6 – 9pm
Wollongong Youth Centre

FREE

This event is for
young people
12-24 years



Events at Wollongong Youth Centre
are fully supervised, and are drug and
alcohol free. Wollongong Youth Services
is a service of Wollongong City Council.