



FIGTREE HIGH SCHOOL

PARENT BULLETIN

Term 2 Week 10 1 July 2016

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T3 Week 1	Week Starting 18 July
18/06/16	- School Development Day
19/06/16	- STUDENTS RETURN TO SCHOOL - Yr 9 & 10 Links to Learning
20/06/16	- Yr 5 Enrichment Class - Yr 10 into 11 Subject Selection Night
21/06/16	- Yr 12 UoW Early Admissions Presentation - Yr 11 Geography Assessment Task - Yr 10 Gen22Work Site visit - Yr 7 Parent Reading
22/06/16	- CHS Cross Country - Regional PDU Boccia Competition
T3 Week 2	Week Starting 25 July
25/06/16	- Careers SBAT sign up - Yr 10 Premiers Sporting Challenge
26/06/16	- Yr 9 & 10 Links to Learning - Yr 9, 10 & 11 SLR Recreational Activities - Yr 7 Brainstorm Production
27/06/16	- Yr 5 Enrichment Class - Yr 9 Snow Excursion - Yr 10 Premiers Sporting Challenge - Yr 11 Physics Assessment Task
28/06/16	- Mathematics Competition - Yr 9 Snow Excursion - Yr 7 Parent Reading
29/06/16	- Yr 9 Snow Excursion - Yr 9 & 10 AIME Program - State Open Boys and Girls FUTSAL

Thoughts from the Principal



Welcome to our final newsletter for Term 2.

Another jam-packed term full of incredible learning opportunities for all students at Figtree High School.

We have witnessed sporting prowess at school, district, regional and state levels in athletics, cross country, soccer,

basketball, rugby league, tennis and more. Our creative and performing arts students have had rich experiences in photography competitions, Golden Figs Talent Quest, South Coast Dance Festival and begun preparations for Southern Stars. Educational excursions have offered an enhanced learning opportunity for our students as well, all of which has been a platform to enrich your child's experience at school.

I have enjoyed the contact with parents at Merit Assemblies and Parent/Teacher evenings as well at P&C and have valued the partnership we have in supporting your child through their schooling. Thank you for attending these events.

I wish you and your family a safe holiday and look forward to welcoming your child back to Term 3 on Tuesday 19 July 2016.

Mrs Karen Burke

PBL Core Values

WEEK 1: SAFETY

Walk sensibly in the corridors and the stairwells and keep to the left.

WEEK 2: LEARNING

Stay on task and do your best

From the Deputy Principal

At Figtree High School we endeavour to provide a safe and caring environment where all students come to school feeling safe and happy. As we enter the school holidays we ask that as parents you continue to work with your children to minimise the incidence and impact of cyber bullying. Accessing the resource StopBullying could give you greater confidence in establishing regular conversations with your child regarding safer use of the internet and social media.



<https://www.stopbullying.gov/cyberbullying/>

If you would like to find out more information about the mental health and wellbeing of young people, follow the links below to some reputable websites.

Reach Out.com - www.reachout.com.au

Headspace- www.headspace.org.au

BeyondBlue- www.beyondblue.org.au

Mental health and wellbeing assistance can be accessed during the holidays from:

Lifeline 13 11 14

Kids Helpline 1800 551 1800

Relieving Deputy Principal
Peter Hewitt

Who was 'Jack the Ripper'?

Year 9 Elective History finds out!

The year 9 Elective History class has been studying the 'Jack the Ripper' History Mystery this term with Mrs Corbett and Mrs Karykides. On Thursday 9th June, we had the privilege of interviewing Richard Patterson, a researcher who has spent 20 years traveling the world to discover who Jack the Ripper really was.



Prior to the interview, we brainstormed questions as a class to ask Mr Patterson. Each student was then assigned questions to ask during the Skype interview. Mr Patterson's 20-year endeavour to uncover the truth behind the Jack the Ripper murders was not lacking in either quality or quantity. He had travelled to London, searched through the British national archives, scoured libraries all over the world including the USA, met with leading investigators on the case and in the end produced a book, complete with the knowledge of all 20-years of research.



During the interview, Richard Patterson provided nearly irrefutable evidence as to why poet Francis Thompson, the man who Mr Patterson suspects was Jack the Ripper, was indeed the vicious serial killer of the Whitechapel district in London. Not only did he convince the entire class that he was right, he also gave new, interesting information which was previously unknown.

Thank you to our teacher, Mrs Corbett, for obtaining contact with Mr Patterson and organising this unique opportunity for us. Thank you also to Mr Boyton and Mr Nicholls for assistance in setting up the technology for the interview.

Written by Zachary Seymour, Lianna McKinnon and Abby Cole (Yr9 Elective History)

Golden Figs Awards Ceremony Report

The flagship event of The Golden Figs, Figtree High School's new Creative and Performing Arts awards, was held at the school's auditorium on Thursday June 16th. It was an honour to assist Mrs Burke in the presentation of these awards at our school assembly.

Although billed as a talent quest, Golden Figs is a marvellous showcase of the range of talents and skills that our students have developed and perfected in their journey to become performers and practitioners of the Creative and Performing Arts.

Students presented works and performances from the worlds of Music, Photography, Dance, Illusion, Drama and Film.

As a concept, a Golden Fig represents excellence in these fields.

As an award, a Golden Fig is the pinnacle of achievement for Creative and Performing Arts works performed for, or presented to, an audience.

The inaugural award winners were:

Music: Susitina Suli (yr 12)

Dance: Emerson Hutto (yr 9)

Photography: Chloe Winch (yr 12)

Production: Tyler Hampton (yr12)

There were also a range of other prizes awarded in various categories and a list of these appears below.

Senior Vocal

Susitina Suli (yr 12)

Chantelle Leatigaga (yr 11)

Abbey Blackmore (yr 12)

Solo Instrumental

Daniel Packovski (yr12)

Junior Vocal

Maxine McEwan (yr 8)

Hannah Sheridan (yr 7)

Duos

Rachel Branch (yr 12) and Stephanie Black (yr 12)

Taylah MacNamara (yr 12) and Susitina Suli (yr 12)

Mikaela Markham (yr 11) and Ruby Ljubovic (yr 11)

Bands

'Silent H' - Jeff Rothschild, Orlando Freitas, Curtis Hay (yr 12) and Aaron Williams (yr 10) 'The Camelia Ali Band' - Camelia Ali, Samuel Birch, Jackson Page, Aaron Williams (yr 10)

'The Year 9 Band' - Jessica Nagy, Jessica Rothschild, Marija Knezevic, Ryan Sheridan, Daniel Jaques, Georgia Sturman, Zachary Seymour, Scott Garrick (yr 9)

Dance

Emerson Hutto - (yr 9)

Trent Potter - (yr 12)

Production

Tyler Hampton

Photography

Chloe Winch – (yr12)

Poster Design

Nova Tucker – (yr11)

Mr M Malouf (HT rel CAPA)



Abbey Blackmore, Chantelle Leatigaga and Susi Suli, high achievers in the senior vocal category.



Rachel Branch and Stephanie Black achieved success in the duo category.



Mikaela Markham and Ruby Ljubovic performed successfully in the duo section.



Susi Suli and Taylah MacNamara were also successful in the duo category.



Georgia Sturman and Daniel Jaques of the year 9 band.



Trent Potter and Emerson Hutto. Winners in the dance category.



Natasha Hynoski, Megg Tomczynski, Nova Tucker and Chloe Winch were proud to receive their Golden Figs for Photography, Design and People's Choice.

Cupcakes for a Cause

This term Year 11 and 12 Work Studies have been dedicated to developing their very own student driven project. As a team, Jayden Carson, Chelsea Guillaume, Jack Jones, Neil Rosendal, Joshua Gorgievski, Ashley Hanson, Jake Nikiforidis, Kyle Simonovski, Mikayla Thomas, Trey Banks and Jordan Wilhelm baked and sold over 150 cupcakes to raise money and awareness for the 'Save the Children foundation, a foundation that works hard to protect children from harm when disaster strikes.

Congratulations to the Year 11 and 12 Work Studies who raised \$400.00 for this cause. A special thanks to Mrs Powell and Mrs Murray for their help baking and to all staff and students who contributed by donating to this fantastic cause.





Health
Illawarra Shoalhaven
Local Health District
Public Health Unit

Dear Parent or Guardian and staff,

28/06/2016

A child from the Figtree High School has been diagnosed with pertussis (whooping cough). I am writing to provide advice and to ask that you watch out for the symptoms of pertussis in your child, especially over the next 3 weeks.

What is pertussis?

Pertussis is an infection of the respiratory tract that can cause bouts of coughing, sometimes breathing difficulties and vomiting. It can be a very serious infection in small children. The illness can last for many weeks. It usually starts with a snuffle or a cold.

What should people who are sick with pertussis do?

If your child or a family member develops symptoms, contact your family doctor as soon as possible and take this letter with you.

This is extremely important if there is a baby less than 12 months of age living in your household.

Your doctor can advise whether pertussis is likely and arrange for early treatment if needed. Treating people who have pertussis with antibiotics can stop the infection spreading, but is more effective if started early.

To help prevent this infection spreading, people who have been diagnosed with pertussis should not attend child care, school or work until they have completed the first 5 days of a course of the recommended antibiotics. If antibiotics cannot be taken, then they must stay away for 3 weeks after onset of the cough.

How is it prevented?

Vaccination is the most important way of reducing pertussis in our community. It is important to double check that your child is fully up to date with his or her immunisations against pertussis. If in doubt, please ask your doctor to check.

NSW Health recommends adult booster vaccine every 10 years to protect from Diphtheria, Tetanus and Whooping Cough.

Need more information?

For more information, please see the Pertussis Factsheet, or call the Public Health Unit on 02 4221 6700 or visit the NSW Health www.health.nsw.gov.au

Yours Sincerely,

Curtis Gregory

Director

Wollongong PHU, Illawarra Shoalhaven LHD

Public Health Unit – Wollongong Office

Illawarra Shoalhaven Local Health District

ABN 16 323 767 470

Locked Bag 9, Wollongong, NSW 2500

Tel (02) 4221 6700 Fax (02) 4221 6759

Whooping cough affects people of all ages. It can be especially serious for babies. Vaccination reduces the risk of infection.

Whooping Cough (Pertussis)

Last updated: 1 July 2012

What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

What are the symptoms?

- Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.
- The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

How is it spread?

- Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.
- Whooping cough spreads easily through families, childcare centres and at school.

Who is at risk?

- Anyone can get whooping cough. People living in the same household as someone with whooping cough are especially at risk.
- Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you've been immunised.

How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

Immunisation for babies

- Babies need to be immunised at 2 months, 4 months and 6 months. The first dose can be given as early as 6 weeks of age.
- Getting your baby vaccinated on time gives them some protection when they are most at risk of severe illness.
- If your baby's vaccines are overdue, see your GP now to catch up.

Immunisation for older children

- A whooping cough booster is needed at 4 years of age.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Childhood Immunisation Register on 1800 653 809.
- A second whooping cough booster is given in high school through the NSW School –based Vaccination Program.

Immunisation for adults

A booster for adults is recommended for:

- Women who are planning a pregnancy, pregnant (third trimester) or post-delivery. These women should discuss their vaccination needs with their doctor as soon as possible.
- Other adult household members, grandparents and carers of infants under 12 months of age.
- Adults working with young children, especially health care and child care workers.
- New mothers in NSW are eligible for free whooping cough vaccine in the public maternity unit after the birth of their children.

If you are a close contact of someone with whooping cough:

- If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch out for symptoms and see your doctor if you get a new cough.
- Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

How is it diagnosed?

Your doctor may ask about your symptoms and whether there you've had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

How is it treated?

- Some babies may need treatment in hospital or in intensive care.
- Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.
- The cough often continues for many weeks, despite antibiotics.

What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local Public Health Unit. Public Health Unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

Identify - Protect – Prevent

NSW Health whooping cough campaign

<http://www.health.nsw.gov.au/PublicHealth/Infectious/whoopingcough/index.asp>

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au

What is your child
doing these
holidays?



Give them a day, morning, afternoon or week of fun.

Our trainers are taking turns to run a day program (\$70 per day, or \$40 for the morning or afternoon session):

- Tuesday 5th July, Jem
- Wednesday 6th, Vestri
- Thursday 7th, Louise
- Tuesday 12th, Nathan
- Wednesday 13th, Ben
- Thursday 14th, Ben
- Friday 15th, Emma

Each day consists of:

- 8.30 - 9.30am, an arrival session where one of our young assistant trainers plays games with the young people as they arrive.
- 9.30 - 12noon, a 2.5 hour circus training session.
- 1.00-3.30pm, a 2.5 hour circus training session.
- 3.30-5.30pm, games until the child is picked up.

Young people who already attend can choose a trainer they know, or one they would like to try out. If you are new to the circus, it might be good to ring us and discuss what your child is interested in, and we can recommend trainers that might be likely to suit their interests. 4285 0066. [To book just follow this link.](#)



Wollongong Touch Assoc.

2017 JUNIOR TOUCH COMPETITION – 4th TERM

START: Wednesday 12th October

CONCLUDES: Wednesday 14th December

VENUE: Thomas Dalton Park, Fairy Meadow

AGE GROUPS: U8, U10, U12, U14, U16 Boys & Girls

COST: \$65 first child, \$60 every other child

Optional Information and Cash/Cheque Payment Days:

Saturday 9th July – 10am to 12noon

Saturday 16th July – 10am to 12noon

**Team or individual nominations accepted –
ALL INDIVIDUAL REGISTRATIONS MUST BE MADE ONLINE
(no exceptions) –
www.wollongongtouch.asn.au**

ALL ENQUIRIES AND TEAM LISTS TO:

Junior Director: Ali Day 0413 012 682

Email: juniors@wollongongtouch.asn.au

Team sponsors required @ \$250.00 per team

Please email Ali for more info

REFEREES ALSO NEEDED

Junior State Cup to be held at Port Macquarie Feb 2017

**Nominations for Coaches, Assistant Coaches and Managers are being taken –
please email Ali**



WOLLONGONG CAMPUS ILLAWARRA SCHOOLS OPEN EVENTS

Ready to charter your new career?

**FRIDAY 29 JULY 2016, 5PM – 7PM +
SATURDAY 30 JULY 2016, 9AM – 1PM**

- Discuss your 2017 pathways to career or study
- Learn about our courses in business and events
- Find out more about learning coach and career coach support
- Ask about our university pathway with University of Wollongong.

Bring your family and friends.

RSVP: To confirm your attendance email
amy.auld@actegroup.edu.au

WHERE: Study Precinct Wollongong
1/16 Gladstone Avenue
Wollongong, NSW, 2500

For further information, please contact
Cathy James, Campus Manager on:

M - 0418 619 342 or

E - catherine.james@actegroup.edu.au

This event is proudly presented by:

**EVOCCO
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and



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FOR
TOURISM & HOSPITALITY™**

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