



FIGTREE HIGH SCHOOL

PARENT BULLETIN

Term 4 Week 1, 14 October, 2016

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T4 Week 2	Week Starting 17 October
Monday 17/10/16	Yr 12 HSC Examinations Yr10 GenZ 2Work Yr 7 Resilience Day Incursion
Tuesday 18/10/16	Yr 12 HSC Examinations Yr 10 German Listening & Reading Task Yr10 GenZ 2Work Yr 8 Science Task Links to Learning
Wednesday 19/10/16	Yr 12 HSC Examinations Yr 10 Marine Studies
Thursday 20/10/16	Yr 12 HSC Examinations Yr 10 IST Robotics Task Yr10 GenZ 2Work Yr 7 Zone Gala Day Parent Reading
Friday 21/10/16	Yr 12 HSC Examinations Yr 10 PASS Task Yr10 GenZ 2Work Yr 8 AIME Junior Program at UOW Yr 7 AIME Junior program at UOW
T4 Week 3	Week Starting 24 October
Monday 24/10/16	Yr 12 HSC Examinations Yr 10 Science Task Yr 9 Science Task Yr 7 Vaccinations
Tuesday 25/10/16	Yr 12 HSC Examinations Yr 11 Drama Excursion Yr 10 Graphics Folio Task Links to Learning
Wednesday 26/10/16	Yr 12 HSC Examinations
Thursday 27/10/16	Yr 12 HSC Examinations Yr 10 Elective History Task Yr10 Volunteering Beaton Park Yr 9 German Task Yr 7 Parent Reading
Friday 28/10/16	Yr 12 HSC Examinations Yr 7 Sport Gala Day AIME End of Year Celebration
T4 Week 4	Week Starting 31 October
Monday 31/10/16	Yr 12 HSC Examinations Yr 10 German Speaking Task Yr 10 English Examination Yr 7 Science Task
Tuesday 1/11/16	Yr 12 HSC Examinations Yr 10 History Task Yr 10 German Speaking Task Links to Learning
Wednesday 2/11/16	Yr 12 HSC Examinations Yr 10 Food Tech Practical Task Yr 10 Marine Studies Excursion
Thursday 3/11/16	Yr 12 HSC Examinations Yr 10 Food Tech Practical Task Yr 8E & N VALID Science test Yr 7 Parent Reading SRC Leadership Conference

Friday 4/11/16	Yr 12 HSC Examinations Yr 10 German Speaking Task Yr 8T, B, M & O VALID Science test Premiers Sporting Challenge Leading with Action Sport Day
Year 12 Purple Year 11 Olive Year 10 Blue Year 9 Red Year 8 Green Year 7 Orange	

Thoughts from the Principal

Welcome to Term 4 and all it will hold.

As we commence the term, I would like to remind you that our forms of accessing information alongside the newsletter include: the Skoolbag App, the School Website and the Official Facebook Page. We aim to make communication easy for you to know what's going on in our school.

I have enjoyed spending time this week with our future Year 7 students and their families at our first Information Evening. It was fabulous to see so many familiar faces and we welcomed new students as well.

We have also witnessed the showcase of 'Flick it On' with the Community of Schools who came to our school to watch the movies they created on the 'big screen', completing the experience of viewing their work with popcorn and a health food pack to eat during the screening. My sincere thanks to Ms Sarah Wunsch for coordinating this exciting venture alongside Ms Jenni Faulconbridge, from Mount Saint Thomas Public School.

The HSC Written Examinations commenced yesterday and we wish our Year 12 students well.

We have had some recent additions to the Figtree High School community in the form of some new babies. We congratulate Mr Hewitt and his wife and Mr Herbert and his wife who have both had baby girls and

wish Ms Crouch and Ms Black all the best for the impending birth of their babies.

Finally, the Fun Run was a great success this week and in true Figtree High School Sport spirit, all students participated to the best of their ability.

Karen Burke

Principal

PBL Core Values

WEEK 2: LEARNING

Stay on task and do your best

WEEK 3: RESPECT

When entering and leaving the school, obey community rules and laws

Deputy Principal Report

This term sees our Year 11 students begin the first term of the HSC Course. While still considered to be in Year 11, they now begin 4 terms of HSC course work. In week 2, Year 11 students can pick up a form to apply to change or drop courses. This form is available from Mrs English in the Deputy Principal's office at the back of the library.

Year 11 students will be interviewed by Mrs English followed by Mr Sargent-Wilson, our careers advisor, to ensure they are still eligible for the award of an HSC and an ATAR if required. The form then needs to be signed by a parent or carer. All relevant information will be written on the form so that students can have an informed discussion with their parents about the impact of their choices.

Students must then return all textbooks and borrowed equipment before the the form is signed by all relevant teachers and head teachers.

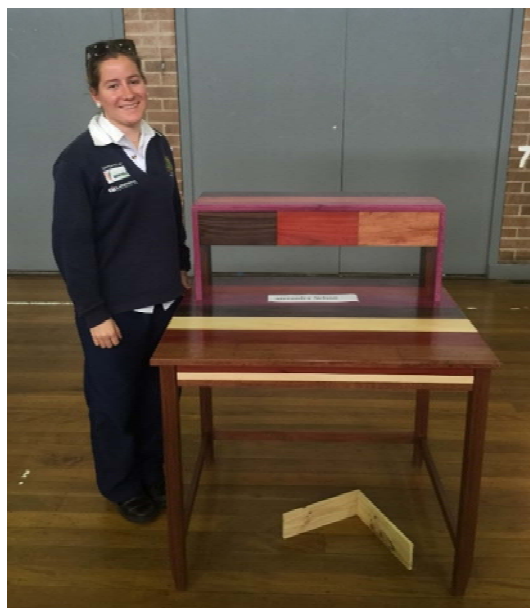
Students cannot begin their new timetables until the start of week 3.

Industrial Arts Faculty

Industrial Technology Timber

Congratulations to Year 12 **Industrial Technology Timber** students for the successful completion of their Major Projects. These projects reflect their practical skills, creativity and time management and ability to compile appropriate accompanying documentation.

Several projects from Year 12 **Industrial Technology Timber** have been entered into the prestigious **University of Wollongong- Faculty of Engineering: NSW Technology Awards**. Congratulations to Adam McKeown, James Rotziokos and Alexandra Nelson for being selected for entry and good luck in the competition.





The TAS Faculty

Exciting things have been happening in the TAS faculty during Semester 2.

In Stage 5 - Food Technology we have been studying Food Trends each week the students have been completing practical work associated with the latest Food Trends in Australia. Many have enjoyed studying the trends associated with healthy eating and have analysed the benefits of eating organic. A high light for many was the Master Chef challenge where many students created their very own "Cookie, Masterpieces" Tahlia Bourke and Chelsea Brooks created an interesting chocolate Chip / Marshmallow variation, Whist Zoe

Williams and Monique Hilton Created an Oreo, Choc Chip versions. Krissie Skarvelis and Kayla Shea played it safe with a health oat cookie.

The assessment task for the unit was to Deconstructed a Hamburger. All Year 9 and 10 students were given the exact same ingredients and were asked to add an additional item to create their very own version of a hamburger. Many students created restaurant quality hamburgers

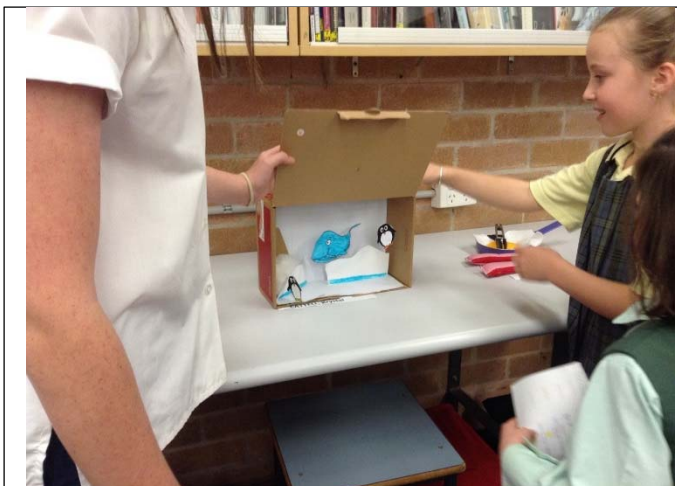




This year is the first year that Figtree High school is running the Stage 5 Child Studies course. The students have been studying Play and the Developing Child. As a part of this unit we have been learning about the importance of play and how play changes as children grow. As a part of an assessment task, students were required to create a Recycled Toy appropriate for a 3 to 5-year-old.

The recycled toys were displayed for peer assessment. We also had guest judges Grace Williamson, Alyssa Smith and her Mummy Vanessa Smith. The guest judges were given a marking grid and were asked to test and grade the toys appropriately. The judges were very critical, marking the vast majority of the toys as beautiful and fun.





Fifteen Year 10 boys participated in the Young Men's Forum on a weekly basis for over two terms this year.

The aim of the program was to provide a positive environment in which they could share and explore experiences and aspirations, access information relevant to them, and develop their communication and relationship skills and confidence.

The program was conducted by youth and community workers and topics discussed included men's violence against women, domestic violence, peer pressure, healthy relationships, resilience and mental health.

In September a day was held at the Wollongong Youth Centre where our boys were able to share their experiences, skills and knowledge with participants from Warrawong, Warilla and Corrimal high schools.

Comments from the boys were:

Our group's experience at the day allowed us to see and learn people's perspectives about problems that young men should know about. Gabriel

It was good to learn about the topic of violence against women. Cooper

I've learnt many valuable things that I will need to know throughout my entire life. For example: domestic violence and coping with peer pressure. Stefan

It gave me an outlet to speak about life and problems I may have, such as consent and depression. Dylan B

I have learnt about how people deal with mental health issues. Jordan

The day in September was a fantastic experience, meeting and making new friends and sharing ideas and opinions we have on the topics we covered over the course of the program. Daniel

The Young Men's Forum was a truly eye opening experience. The friends and knowledge I have gained will stay with me and change the way I go about my daily life. Luke

It was a great experience throughout the year, as was the day at the Youth Centre. Lawson

It opened my eyes to so many issues. Blake

I could talk about what I had on my mind. Julio

Mr P Simmonds / Year 10 Adviser



Young Men's Forum



Choices Day



EXPLORE + ENROL
SATURDAY 3 DECEMBER 2016
9AM - 1PM

TAFE NSW ILLAWARRA WOLLONGONG

Including courses at Shellharbour,
Wollongong West, Yallah and Dapto

1300 766 123
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ILLAWARRA

Good luck with your HSC!

Once your exams are finished, we can help you get the skills you need for the job you want:



CERTIFICATES THROUGH TO DEGREES



FLEXIBLE STUDY OPTIONS



APPRENTICESHIPS AND TRAINEESHIPS



STRONG LINKS WITH EMPLOYERS



STATE-OF-THE-ART TRAINING FACILITIES



ATAR NOT REQUIRED



SHORT COURSES TO GET A PART-TIME JOB



PATHWAYS TO UNIVERSITY OR FURTHER STUDY



GOVERNMENT SUBSIDISED COURSES AND SCHOLARSHIPS

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**DO YOU
ENJOY
SWIMMING?**



Optus Junior Dolphin Program



Come join in the FUN at
Corrimal Swim Club

FREE club membership

For all swimmers 7 years and under

<https://corrimal.swimming.org.au>

Take part in
Friday night Club Point Score

The first 2 Friday nights are free to new members.

The main aim of Friday night point score is to encourage swimmers of all ages and standards.
Come and enjoy a fun social night, including a BBQ, whilst improving swim times and fitness.

Season starts October 21st 2016 at 6pm

Transition and squad swim training also available

Contact Head Coach Tracey Waters 0401253642 traceswim@gmail.com

For general membership enquiries Mary 0425 234 985 corrimalswimclubregistrar@gmail.com



Apply **NOW** to be considered
for a position on the...

NSW Youth Advisory Council

2017

The NSW Youth Advisory Council (YAC) plays an important role in guiding NSW Government youth affairs and raising the views of young people.

Applications are sought from young people with relevant life experience, a keen interest in youth affairs and/or experience in youth and community organisations.

The YAC provides a direct avenue of communication between young

people and the NSW Government. The YAC meets regularly throughout the year to provide advice to the Minister responsible for Youth, Mr John Ajaka and to the Advocate for Children and Young People, Mr Andrew Johnson on issues, policies and laws that affect children and young people in NSW.

The 12 YAC members, aged between 12 and 24, come from all over the State and are broadly representative of the diversity of young people living in NSW.

Hurry! Applications close 30 Sep 2016

Apply online now at www.acyp.nsw.gov.au

Learn more about the YAC and its role at www.acyp.nsw.gov.au/yac2017

NSW Advocate for Children and Young People
Ground Floor, 219-241 Cleveland Street,
Strawberry Hills NSW 2052

Feel free to contact the office on
(02) 9348 0970
acyp@acyp.nsw.gov.au



Office of the
Advocate for Children
and Young People
acyp

WOLLONGONG TERM 4, 2016

WORKSHOP BOOKINGS: 4227 1122

All workshops are at our Wollongong office [25-27 Auburn Street Wollongong].



Concessions may apply dependent on financial circumstances.
Limited childcare may be available

STANDARD MENTAL HEALTH FIRST AID This course teaches adults how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis. Wednesday & Thursday 26 & 27 October 9:30am - 4:30pm Workshop Fee: \$198 incl manual/lunch both days	BRINGING UP GREAT TEENS A workshop for parents of teenagers covering connecting with teens, managing conflict, big issues and psychological challenges. 5 Tuesday evenings 6pm - 8pm 11, 18, 25 October 1 & 8 November Workshop Fee: \$15 per session	MY KIDS & ME A program for parents who have had their children removed from their care. It explores grief & loss & the impact on parents & children. Helps participants to develop strengths & build support networks. 7 Monday afternoons 1pm - 3:30pm 10, 17, 24, 31 October 7, 14 & 21 November Workshop Fee: \$15 per session	SEEING RED Explores way for parents to deal with feelings of anger within themselves and their children. Participants will learn to recognise their own feelings and needs and those of others, communicate and listen to these feelings and needs, be assertive & express anger in a more constructive way. 4 Tuesday mornings 10am -12:30pm 15, 22, 29 November & 6 December Workshop Fee: \$15 per session
PARENTING CHILDREN WITH A DISABILITY Support and information for issues related to parenting a child with a disability. It explores: Expectations verses reality, dealing with feelings, behavior management strategies, communication skills, self-esteem, teaching children to care for themselves, routine, rules and boundaries and coping strategies. Resources will be made available. 4 Monday mornings 10am - 12:30pm 17, 24, 31 October & 7 November Workshop Fee: No fee	ROLLERCOASTER (8-12 years) Assisting children who are experiencing change & loss as a result of family separation. Helps children to understand & develop strategies for anger management & problem solving & understand & feelings & emotions. 8 Tuesday afternoons 4pm - 5pm 18, 25 October, 1, 8, 15, 22, 29 November & 6 December Workshop Fee: \$15 per session	123 MAGIC & EMOTION COACHING This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. Learn to be present & consistent as a parent. 3 Monday afternoons 12noon - 2:30pm 28 November 5 & 12 December OR 3 Friday mornings 10am - 12:30pm 25 November, 2 & 9 December Workshop Fee: \$15 per session	
KEEPING KIDS IN MIND A post-separation parenting program which helps parents learn how to deal with the emotional & practical issues of parenting after separation. The program helps explore grief & loss & the impact separation has on parents & their children. 5 Friday mornings: 10am - 12:30pm 21, 28 October 4, 11 & 18 November OR 5 Thursday evenings: 6pm -8:30pm 10, 17, 24 November 1 & 8 December Workshop Fee: \$20 per session	WOMEN AS MOTHERS* WAM offers a supportive & nurturing environment for new mothers to make new friends whilst sharing parenting experiences, coping strategies & encouraging realistic expectations of themselves & their relationships. Topics include Becoming a mother & the needs of baby; Motherhood myths; Changing Relationships; Self Care and Baby Massage. 5 Wednesday mornings 10am - 12noon 2, 9, 16, 23 & 30 November Workshop Fee: \$15 per session * facilitators trained by Karitane	CIRCLE OF SECURITY Helping parents understand heir child's world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships & increased capacity to handle their emotions. This program is a must for all parents. 6 Thursday afternoons 1pm - 3:30pm 3, 10, 17, 24 November 1 & 8 December OR 5 Tuesday evenings 6pm - 8:30pm 11, 18, 25 October 1 & 8 November Workshop Fee: \$15 per session	



Thursday 27 October 2016

5:30pm start at Civic Plaza, Burelli Street, Wollongong
(*opposite Centrelink*)

5.40pm marching up through the Wollongong Mall

Regathering with guest speakers and entertainment at the Wollongong Mall seated area (*previously the amphitheatre area*)

Followed by entertainment and candle lighting ceremony

7.00pm finish

Reclaim The Night Illawarra



WWIS-The Women's Centre and the Reclaim The Night Illawarra Committee 2016