



# FIGTREE HIGH SCHOOL

## PARENT BULLETIN

Term 2 Week 6 28<sup>th</sup> May, 2015

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Email: figtree-h.school@det.nsw.edu.au

### Upcoming School Events

Week 6(B)	Beginning Monday 25 <sup>th</sup> May 2015
28.5.15	<ul style="list-style-type: none"> <li>- CHS Boys Hockey and CHS Girls Netball</li> <li>- Talent Quest Heats at Lunch 1 &amp; 2</li> <li>- Yr 9 PASS excursion to Hangtime</li> <li>- Young Women's Forum for Yr 10 students</li> </ul>
29.5.15	<ul style="list-style-type: none"> <li>- Yr 12 Standard English, English Studies and Business Studies Assessment tasks due</li> <li>- Talent Quest Heats at Lunch 1 &amp; 2</li> <li>- South Coast Cross Country Carnival</li> <li>- Figtree High V Bulli High Debate</li> <li>- Yr 12 Extension History Excursion</li> </ul>
Week 7 (A)	Beginning Monday 1 <sup>st</sup> June 2015
1.6.15	<ul style="list-style-type: none"> <li>- Talent Quest Heats at Lunch 1 &amp; 2</li> <li>- Yr 12 Geography Assessment task due</li> <li>- Yr 11 and 12 Drama Excursion</li> <li>- Homework Centre in Library 3:00-4:00pm</li> </ul>
2.6.15	<ul style="list-style-type: none"> <li>- Talent Quest Heats at Lunch 1 &amp; 2</li> <li>- Yr 12 Advanced English Assessment task due</li> <li>- Yr 10X PASS excursion to Hangtime</li> <li>- CHS Girls Touch and CHS Boys AFL</li> <li>- Links to Learning program for Yr 9 students</li> </ul>
3.6.15	<ul style="list-style-type: none"> <li>- Yr 10-4 10-2 10-5 Mathematics Assessment task</li> <li>- Yr 11 Earth &amp; Environmental Science Assessment task</li> <li>- South Coast Tennis Tournament</li> <li>- CHS Girls Touch and CHS Boys AFL</li> </ul>
4.6.15	<ul style="list-style-type: none"> <li>- Parent Teacher afternoon for Yrs 8, 11 and 12 students</li> <li>- Yr 12 Legal Studies and Yr 12 Software Design and Development Assessment tasks</li> <li>- Yr 11 Extension Maths and General Mathematics Assessment Tasks</li> <li>- Yr 11 Society and Culture Assessment task</li> <li>- Yr 9X PASS excursion to Hangtime</li> <li>- Young Women's Forum for Yr 10 students</li> <li>- Talent Quest Heats at Lunch 1</li> <li>- CHS Girls Touch and CHS Boys AFL</li> </ul>
5.6.15	<ul style="list-style-type: none"> <li>- Athletics Carnival</li> <li>- Yr 12 Textiles Major projects due</li> <li>- NAIDOC Debate at Oak Flats PS</li> </ul>
Week 8 (B)	Beginning Monday 8 <sup>th</sup> June 2015
8.6.15	Long Weekend Public Holiday – Stay Safe!
9.6.15	<ul style="list-style-type: none"> <li>- Yr 11 Software Design and Development Assessment task</li> <li>- Yr 12 Society and Culture Assessment Task</li> <li>- Yr 12 Earth &amp; Environmental Science Assessment Task</li> <li>- Open Boys Touch gala Day</li> <li>- Yr 10Z PASS excursion to Hangtime</li> <li>- Yr 11 Music Assessment Task</li> <li>- Links to Learning program for Yr 9 students</li> </ul>
10.6.15	- Yr 11 Visual Arts, Yr 11 Music and Yr 11 Business Studies Assessment tasks
11.6.15	<ul style="list-style-type: none"> <li>- Talent Quest Final 6:30pm – 9:30pm in Auditorium</li> <li>- Yr 12 Physics Assessment Task</li> <li>- Coodoo Classic Mountain Bike Challenge Excursion</li> <li>- Yr 11 Music Assessment Task</li> <li>- Yr 9Y PASS excursion to Hangtime</li> <li>- Young Women's Forum for Yr 10 students</li> </ul>
12.6.15	<ul style="list-style-type: none"> <li>- Yr 11 Community and Family Studies Assessment task</li> <li>- Yr 7 IMAX and Sydney Aquarium excursion</li> <li>- Yr 11 Music Assessment Task</li> </ul>

### PRINCIPAL'S REPORT

Congratulations to students in Years 10, 11 and 12 for their participation in the Illawarra Careers Forum. There were extensive numbers of employers and providers to assist the students in their investigation of a career pathway. Thank you to Mr Adam Sargent-Wilson, Mrs Goodall and accompanying teachers for their contribution to a very successful excursion.

Year 7 are to be commended on their participation and behaviour on the Taronga Zoo Excursion. Thank you to Mr McGavock and the science staff for their organisation of this excursion.

We have had many outstanding achievements across academic, creative and performing arts and sport. Students continue to work towards their gold medallions through the Positive Behaviour System (PBS). A record number of positive letters that celebrate student success have been issued by staff. I would like to thank the parents who have contacted the school when hearing of their child's successes.

I am the Secondary Principal Council representative on Support Unit/Classes Placement Panel for the Wollongong North network. The placement panel meets twice per term to discuss Student Access Requests for placement into support units or classes. The classes can be; IM/IO/IS (intellectual needs), Physical Disabilities, Autism, Multi-categorical (more than one area of need), Hearing, Emotional Disabilities(ED) or Behaviour Disorders (BD). At Figtree High School there are; 1 physical disability and 1 autism class on-site and 4 ED classes at the Flametree Annex, which is located off site in North Wollongong.

Parents and carers will receive a fee payment reminder in the coming weeks. I would like to remind parents and carers that fees can be paid online through our school website, or parents can contact the school administration office to pay any outstanding school fees or to make enquiries regarding fees and voluntary contributions. The voluntary contributions assist in the purchasing of resources, such as, interactive data projectors for the classrooms, textbooks and some consumables in practical subjects. Your assistance in paying this contribution is greatly appreciated.

Information in relation to the term 2 parent/teacher information evenings can be found in this newsletter and on our official Figtree High School (FHS) social media.

I would encourage parents and carers to view the official Figtree High School (FHS) Website and Facebook page to share and celebrate the successes and talents of our students who have many outstanding achievements across academic, volunteering, creative and performing arts and sport. I would also encourage you to download the free official Figtree High School app in order to receive school alerts and information. Instructions are available on the FHS Website.

Just a reminder that the Homework Centre operates each Monday afternoon from 3pm-4pm in the library. There is voluntary teacher supervision.

Thank you

Carol Marshman  
Principal

## **Figtree High School – Core Values: Respect, Safety and Learning**

### **Learning – Parent Teacher Night Years 8, 11 and 12**

Our first parent teacher night of the year will be held next Thursday 4<sup>th</sup> June in the school Auditorium for students in Years 8, 11 and 12. The Parent Information sheets, with unique individual student login codes, were distributed to students during roll call on Tuesday 26/5/15. Parents of students who were absent or late on Tuesday or Wednesday this week, will receive their information sheet in the mail. The website for parent teacher night bookings is [www.edval.com.au/book](http://www.edval.com.au/book).

If your child has misplaced the information sheet or you have misplaced your code, please contact the Office or Deputy Principals who can provide you with these details.

Parents are asked to make their bookings by Monday 1<sup>st</sup> June at 9:00am. After this time, the website will be closed so that the appointments will be processed. Parents need to log back into the website on Tuesday 2<sup>nd</sup> June to access their appointments.

If you do not have access to the internet to make your bookings, your paper form can be completed and returned to the school office and we will make the bookings for you.

If you have any problems with making your bookings, or have questions regarding the process, please contact your child's Deputy Principal or Year Advisor.  
Year 8 – Ms Donovan or Mr Smith  
Year 11 – Ms Morgan or Ms Harris  
Year 12 – Ms Donovan or Ms Goodall

The next Parent Teacher night for students in Years 7, 9 and 10 will be held in the last week of term on Thursday 25<sup>th</sup> June. Booking forms for this night will be distributed later in the term.

## **HSC Resources to help your child**

There are a range of resources on the **A-Z Schools** website to provide you with some tips and advice for supporting your child through the challenging months ahead in the lead up to the HSC Examination period in October. These are available from the following link:

<http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/tips-for-surviving-the-hsc/hsc-resources-to-help-your-child>

**Key Resources available on this site include:**

- A video on preparing for the HSC
- Managing Exam stress
- HSC Survival guide for the whole family
- Links to the BOSTES and HSC Online

## **Attendance at School**

Attendance at school is compulsory. We have a number of students who have achieved 100% attendance in Term 1 – which is a fantastic achievement. We also have a significant number of students who are absent from school on a regular basis. I recently discussed this with all of our Year 10 students. A student should be absent from school if they are too sick to attend. We seek our parents support to ensure that their child attends school every day when they are well. Last Friday, when the athletics carnival was postponed, we had a large number of students who were absent, when they should have been at school for the normal timetabled lessons.

Ms Ellie Donovan – Deputy Principal

## **PBS VALUES**

### **WEEK 7: SAFETY**

Play approved games only in the playground

### **WEEK 8: LEARNING**

Move quickly back to the classroom at the end of the break

## NEW DATE

### SCHOOL ATHLETICS CARNIVAL

This is a normal school day and attendance is compulsory for all students.

**WHEN:** Friday 5<sup>th</sup> June, 2015

**WHERE:** Figtree High School grounds

**TIME:** Roll Call - 8.40am (in usual Roll Call rooms)

Assembly – 8.45am

Carnival to begin at approximately 9am.

Carnival will finish at 2.45pm. (Roll Call will then take place in the quad)

Students will be dismissed from school at 2.58pm.

**CANTEEN:** Will be available as normal.

**EVENTS:** All students are to enter and compete in at least 3 events.

**\*Students are to remain on the school grounds at all times. They will be allowed to wear sensible casual clothing but are advised to dress appropriately for the weather. NO midriff or singlet tops are allowed. Thongs are also not permitted.**

## Grade Sport

Congratulations to all grade sport students who have been battling it out on the playing fields on Wednesday afternoons. All grade sports are now playing at central venues and so far there has been plenty of positive feedback. It is excellent to see Figtree High School students represent the school with such exceptional sportsmanship and teamwork skills. The PE faculty look forward to hearing all the successful results. Here are some photos from the Junior and Senior Boys Soccer games.



## CHS SOUTH COAST FOOTBALL TEAM

Congratulations to **James Solevski, Ethan Kambisios, Joshua Mears** and **Adam Bassuni** who were selected in the South Coast Football team to compete in the CHS Boys Football Championships last week. Unfortunately James was unable to play due to injury. The other 3 boys had an excellent carnival and the South Coast team was placed 8<sup>th</sup> overall. Well done boys.



## NSW All Schools Swimming Championships

**Caitlin Smith** (Yr 11 ) competed in the NSW All Schools Swimming Championships on May 18<sup>th</sup>. These championships bring the best swimmers from the Government , Catholic and Independent Schools together and this year these championships doubled as the selection trials for the Pacific School Games. Caitlin had a great start to the meet and was successful in winning bronze in the Open Women's 1500m Freestyle. This is an awesome result as it is the elite swimmers in the state. Caitlin also competed in the 17-19 years 400m freestyle, placing 7<sup>th</sup> in the state. Well done Caitlin.

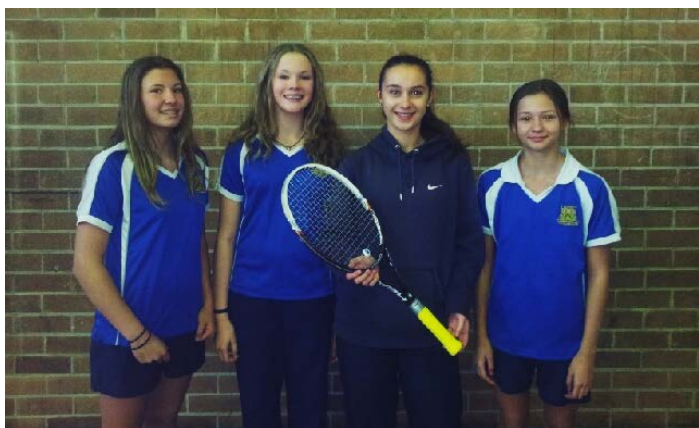


## CHS South Coast Tennis Team

Earlier in the year we had a number of students who represented the school at the NSW CHS Tennis Championships in Parramatta. All students played with excellent sportsmanship and are to be congratulated on making an elite squad. Boys Team - **Jason Bloomfield, Luke Miners, Finn Noonan, Bailey Wilson, Jayden Smileski**



Girls Team – **Payton Newman, Lauren Smileski, Sara Ljuboja and Maria Ljuboja**



## **CHS Rugby League Championships**

Two of our students **Zac Lomax** (Yr 10) and **Ryan King** (Yr 12) have progressed through the zone and regional trials to be selected in the Greater Southern NSW U/18 Rugby league team which has just competed at the NSWCHS championships at Toronto from Sunday 24/5 – Wednesday 27/5. Greater Southern NSW is a combination of the best Rugby League players from the South Coast and Riverina areas.

Zac was also chosen to play in the NSW U/16 team which played the curtain raiser to State of Origin 1, so had to withdraw from the CHS Championships as there was a clash of dates. Unfortunately his NSW team were defeated 10-6 on the evening.

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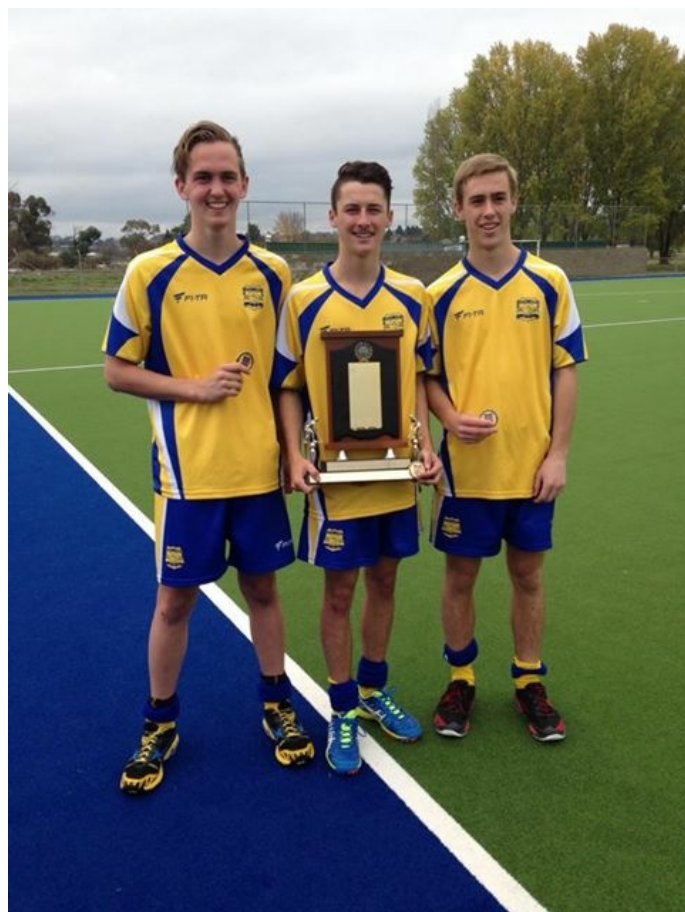
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Student Scholarships 2014 – 2018

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## **CHS Hockey Championships**

Three of our Year 12 students, **Rhys Castle, Mitchell Galea** and **Thomas Miotto** have been representing the South Coast Region at the CHS Boys Hockey Championships in Bathurst during this week. The team has had an outstanding tournament, winning their four round games, with a for and against score of 52:1. The boys played in the semi-final on Thursday 28/5 against Sydney South West, and won this game. The boys went on to win the final 6-4 against Western Region. Congratulations boys!! A special mention to **Thomas** who has been selected into the NSW CHS team.



## Elite Sports Representation

### Oceania Athletics Results

Congratulations to one of our very talented athletes **Jarrold Twigg**. Jarrold recently represented Australia and competed in the Oceania Athletics Championships in Cairns and was placed 2<sup>nd</sup> in the 110m hurdles. This is an excellent achievement as Jarrold is still only 16 and can compete in this event next year.

Jarrold has also spent a weekend at the AIS in Canberra where he was put through some vigorous testing. If you look up the Figtree High School Facebook page you will be able to see an interview Jarrold did with WIN news about his experience. We look forward to hearing about Jarrold's achievements at our upcoming school athletics events.



### **Australian Gymnastics Championships – Melbourne**

Two of our students **Jarrold Buick** (Yr 8) and **Joseph D'Souza-Bullman** (Yr 11) recently represented NSW in the Men's Level Open Gymnastics team at the Australian Championships. Both boys took home a handful of medals.



Their NSW team placed 2<sup>nd</sup> overall. In the All Round Individual competition, Joseph finished 6<sup>th</sup> and Jarrold finished 7<sup>th</sup> in Australia.

On their individual apparatus events:

Joseph's best results included-

High Bar – 6 <sup>th</sup>	Vault – 6 <sup>th</sup>
Rings – 3 <sup>rd</sup>	Floor- 3 <sup>rd</sup>

Jarrold's best results included-

High Bar – 10 <sup>th</sup>	Parallel Bars – 2 <sup>nd</sup>
Rings – 6 <sup>th</sup>	Pommel – 1st

Congratulations Jarrold and Joseph on these fantastic results!

### **Indoor Netball Supernationals**

Two of our Year 12 students, **Amelia Holz** and **Shaye Wilkinson** recently represented NSW in the 2015 Indoor Netball Federation of Australia Supernationals. This tournament was held from 2<sup>nd</sup>-9<sup>th</sup> May. Shaye was a member of the NSW U18 Waratahs and Amelia was selected in the U21 NSW Waratahs. The girls are seen proudly showing the 1<sup>st</sup> place, with both teams winning their championships. Amelia and Shaye played in the final and both girls shot 100% in an intense and nailbiting grandfinal against Queensland. Congratulations Amelia and Shaye on a fantastic result. Both Amelia and Shaye have also been selected in the South Coast team who to complete at the NSW CHS Netball Championships this week.



## Nationally Consistent Collection of Data on School Students with Disability

### Notification for Parents and Carers

From 2015, all Government and non-Government schools across Australia are required to participate annually in the Nationally Consistent Collection of Data on School Students with Disability (NCCD).

All Australian schools will collect data on their students who are receiving adjustments to meet additional learning and support needs in accordance with their obligations under the *Disability Discrimination Act 1992* and *Disability Standards for Education 2005*. This data will be provided to the Australian Government to assist in the development of a consistent, national picture of the education needs of students with disability.

The data provided to the Australian Government by the NSW Department of Education and Communities is provided in such a way that it cannot be used to identify any individual student or school.

General information about the national data collection can be found on the Australian Government Department of Education and Training website at <http://education.gov.au/factsheets-nationally-consistent-collection-data-school-students-disability>.

### Privacy Protection

The NSW Department of Education and Communities follows the requirements of the *Privacy and Personal Information Protection Act 1998* and the *Health Records and Information Privacy Act 2002*. Schools will collect, record, store and use data about individual students in line with these requirements. Data security and protection is a priority and students' personal details will be kept confidential.

Under Clause 52 of the Commonwealth *Australian Education Regulation 2013*, data collected by the NSW Department of Education and Communities for the NCCD must be provided to the Australian Government Department of Education and Training. This includes the number of students at each level of education, the number in each category of disability and the number at each level of adjustment. The information is provided to the Commonwealth as a series of number sets that cannot be used to identify any individual student or school.

The Australian Government Department of Education and Training follows the requirements of the Commonwealth *Privacy Act 1988* when handling any data provided by NSW Department of Education and Communities in connection with the national data collection. A privacy notice has been developed to by the Australian Government to provide students, parents and carers with important privacy information in relation to the data collection. This notice is available on the department's website at <http://education.gov.au/notices>

## Expression of Interest - Homestay Program - August 2015

Dear Parents and Students

It is time to plan for the arrival of our Korean Homestay visitors in August 2015. This is a great opportunity to host a billet for 10 days and be involved in the cultural activities and excursions available to billeting families. Families will receive some financial support to assist with costs.

**Tentative arrival date is 1<sup>st</sup> or 3<sup>rd</sup> August 2015.**

<b>Parent Consent:</b>
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My family and I are interested in participating in the program.

*Please circle the relevant response.*

- We would be able to accept one / two / three billets.
- It would be best if the billet(s) was a male / female / gender is not an issue.

Parent name/s: ..... Signature:.....

The following information will assist us with preparation of necessary documents to be passed onto the organisers of the visit for the Korean parents and students. **Please complete and return to school** via your student no later than **Friday 10 March 2015**.

Student Name \_\_\_\_\_

Roll Call \_\_\_\_\_ DOB \_\_\_\_\_

Parents name/s \_\_\_\_\_

Address \_\_\_\_\_

Phone Number Home \_\_\_\_\_

Mobile \_\_\_\_\_

Email address \_\_\_\_\_

Further information will be passed on to you as it becomes available. Please do not hesitate to contact me should you need further information. Thank you for your participation and interest in this valuable experience.

Cathy Smith  
Homestay Co-ordinator  
HT TAS

Carol Marshman  
Principal

42712787 / 0403596333 / catherine.j.smith@det.nsw.edu.au

## FIGTREE HIGH SCHOOL TALENT QUEST

This is the third Figtree High School 'Talent Quest', a showcase of performing and creative talents. The night demonstrates the diversity of talent within the school community whilst providing a platform for all students to showcase their ability.

Prizes in all categories including dance, drama, music, bands and soloists. Staff band to also perform.

The promotional poster below, with details for the event has been designed by Nova Tucker (Year 10)



# NOTIFICATIONS



**YOU CAN MAKE  
A DIFFERENCE  
BECOME A CARESOUTH CARER**

CareSouth supports vulnerable children and their families across Southern and Western NSW through a range of programs including **FOSTER CARE, FAMILY CHOICES**, and **AUNTIES & UNCLES**.

Our Aunties & Uncles volunteer carers regularly share a small amount of their time to mentor a child in their community.

There are children and young people in your community who could really benefit from your interest. CareSouth provides our carers with exceptional support and training.

Foster Care can be short-term, long-term or respite. CareSouth's Family Choices program supports children with a disability and their families by providing respite care.

To find out more, call us for an obligation-free chat today.

**“I've just provided an environment that has allowed Dylan to turn his life around”**  
**KAREN, CARESOUTH FOSTER CARER**

**EVERYDAY**  
**CareSouth**

1300 554 260 [caresouth.org.au](http://caresouth.org.au)



The Adult Migrant English Program (AMEP) provides free English Language learning to eligible migrants.

To see if you are eligible please ring 4229 0155.

The AMEP is funded by the Australian Government.

# Apprenticeships & Traineeships Information Sessions

**Give yourself the best chance of getting an Apprenticeship**

Find out:

What employers want?  
Where do I find the jobs?  
Strategies and Resources

## Hear from and talk to:

Employer  
Group Training Companies  
Australian Apprenticeship Centres

Current Apprentices  
TAFE NSW Illawarra Institute  
NSW Dept of Education & Communities

## When and Where

Tuesday 23rd June 2015  
6.00pm – 8.00 pm  
The Builders Club, Wollongong

Wednesday 24th June 2015  
6.00pm – 8.00 pm  
The Shellharbour Club

Bookings for FREE event in Wollongong, go to:

<https://register.eventarc.com/30250/apprenticeship-traineeship-information-sessions>

or for Shellharbour event, go to:

<https://register.eventarc.com/30253/apprenticeship-traineeship-information-sessions-shellharbour>

For general queries contact Workplace Learning Illawarra

Phone: (02) 4225 2526 or email: [tracey@iswlp.org.au](mailto:tracey@iswlp.org.au)

Presented by The Apprenticeship Partners:



# Positive Relationships

What does YOUR relationship look like?

This group provides a safe, friendly space to for women to  
address relationship issues

- ♦Power and Control ♦Cycle of Abuse ♦Relationships and Children
- ♦Identifying Strengths ♦Building Self Esteem ♦Safety Planning ♦Self Care
- ♦AVOs and the legal process ♦Managing Stress ♦Future Relationships

We run 2 Positive Relationships Groups at the Women's Centre every term

## Term 3 Positive Relationships Groups

When: **Tuesday Mornings**

10.00 to 12.00 for 8 weeks

21 July through to 8 September

When: **Wednesday Mornings**

*Limited child minding available on Wednesdays*

10.00 to 12.00 for 8 weeks

22 July through to 9 September

Where: **Wollongong Women's Centre**  
170 Corrimal Street Wollongong  
(Opposite Wollongong Golf Club)

Cost: **Free**

**Bookings are essential!** For more information, or to register for a  
Positive Relationships group, you can contact us by phone on **4228 1499**  
or by email at [wwis@wwis.org.au](mailto:wwis@wwis.org.au)

**Black Dog Institute Program**

# REACH Wellbeing Group in your local area



## What is REACH?

REACH is a 9 week psycho-educational wellbeing group (based on the principles of responsibility, education, acceptance, connection and hope) to help participants with depression or bipolar disorder manage their illness and stay well. Topics include fostering strengths, dealing with loss and grief, identifying early warning signs and triggers, wellbeing strategies, nurturing support networks and creating a unique Wellbeing Plan.

## Eligibility criteria for participants:

- Over 18 years old
- Diagnosis of depression or bipolar disorder, for a minimum of one year
- Capacity to participate in a group setting
- Capacity to commit to attending the 9 weekly sessions
- Acceptance of illness
- Motivation to implement personal change strategies

## Upcoming Group – women only group

**When:** Mondays from 13 July to 7 September 2015

**Time:** 10.00am - 12.00pm

**Venue:** Wollongong Women's Information Service, 170 Corrimal Street, Wollongong

**Facilitator:** Nat from WWIS

**To register interest:** Call 02 4228 1499 or email [nat@wwis.org.au](mailto:nat@wwis.org.au)

The Black Dog Institute is a world leader in the diagnosis, treatment and prevention of mood disorders such as depression and bipolar disorder. [www.blackdoginstitute.org.au](http://www.blackdoginstitute.org.au)



BLACK DOG INSTITUTE



## Building good mental health in young people

Interactive online learning courses for parents developed by the Black Dog Institute

### BUILDING RESILIENCE IN YOUNG PEOPLE



This course includes five short, interactive, and engaging modules that will help you understand what resilience is and the role you can play building resilience in the young people you care for.

#### You will learn about:

- what resilience is in the context of mental health and how it helps
- useful strategies for building resilience in young people including how to control emotions, identifying personal strengths and a step by step process for problem solving.

### NAVIGATING TEENAGE DEPRESSION



This course includes five short, interactive, and engaging modules that will help you understand depression and bipolar disorder in the context of adolescence.

#### You will learn about:

- the causes and signs and symptoms of depression and bipolar disorder
- useful strategies for supporting a young person you care about
- help and support services available

Access the courses at: [www.BLACKDOGLMS.com](http://www.BLACKDOGLMS.com)

More information at: [www.HEADSTRONG.org.au](http://www.HEADSTRONG.org.au)

This initiative is proudly supported by:



BLACK DOG INSTITUTE