



# FIGTREE HIGH SCHOOL

## PARENT BULLETIN

Term 4 Week 4      31st October 2013

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### Coming Events

Week 4 (B)	Beginning Monday 28 <sup>th</sup> October
29 – 31.10.13	Year 9 Mathematics Examination
30.10.13	HSC Examinations continue
30.10.13	Year 9 Science Assessment task
30.10.13	Year 10 Ten Pin Bowling
31.10.13	Young Women's Forum at Cringila
31.10.13	Illawarra Girls Netball Gala Day
31.10.13- 7.11.13	Year 10 Food Tech Assessments
Week 5 (A)	Beginning Monday 4 <sup>th</sup> November
04.11.13	HSC Exams continue until 6 November
04.11.13	Healthy Cooking Day at Mt Keira Dem School
04.11.13	Yr 10 Mathematics Examination
5.11.13	Yr 11 Reports issued in Merit Assembly
5 – 8.11.13	Yearly 7 Maths Examination
07.11.13	Yr 12 Sign Out/Clearance Day
8.11.13	Yr 11 Young Leaders Forum at UOW
Week 6 (B)	Beginning Monday 11 <sup>th</sup> November
11- 14.11.13	Yr 8 ESSA Tests
11.11.13	Yr 11 Exploring Early Childhood visit to Figtree Primary
12.11.13	Yr 7 History Incursion Periods 5 and 6
12.11.13	Yr 7-9 Music Incursion in Auditorium
Week 7 (A)	Beginning Monday 18 <sup>th</sup> November
19.11.12	Yr 9 Links to Learning
Week 11 (A)	Beginning Monday 16 <sup>th</sup> December
18.12.13	Last Day of Term 4 for students
19.12.13- 20.12.13	Staff Development Days

### PBS VALUES

#### Week 5: **RESPECT**

Walk quietly in the corridors so that others  
can continue learning

#### Week 6: **LEARNING**

Be on time for your next class

### Outstanding Sporting Achievement

Currently our own Figtree High School student Mecenzi Howard is participating as part of the Australian team, in the 2013 Asia and Oceanic Boccia Championships taking place at Sydney Olympic Park Sports Centre. This is a gruelling week with competitors from all over the world battling it out to take home a medal. Mecenzi has drawn an extremely competitive draw for her singles events, having to compete against the World Number 1 on Monday, World Number 8 and 9 on Tuesday and then has her team events later in the week. While she had a well fought first game unfortunately she went down to the World Number 1 from Thailand, but came back with her first international win in her match against the World Number 9 from Macau. We wish Mecenzi every success for her other events.



# Important Information

## Are you planning a holiday in 2014 ?

### NSW public school terms and holidays

Term 4 is well underway and lessons for all students in Years 7 to 11 will operate up to and including Wednesday 18<sup>th</sup> December.

In 2014, Year 7, 11 and 12 students return to school on Wednesday 29<sup>th</sup> January. Students in Years 8, 9 and 10 commence on Thursday 30<sup>th</sup> January 2014

Here's a snapshot of NSW public school terms and holidays for 2013 - 2015.

#### NSW Government schools term dates 2013–2015

	2013	2014	2015
<b>Term 1</b>	Tuesday, 29 January to Friday, 12 April	Tuesday, 28 January to Friday, 11 April	Tuesday, 27 January to Thursday, 02 April
<b>Term 2</b>	Monday, 29 April to Friday, 28 June	Monday, 28 April to Friday, 27 June	Monday, 20 April to Friday, 26 June
<b>Term 3</b>	Monday, 15 July to Friday, 20 September	Monday, 14 July to Friday, 19 September	Monday, 13 July to Friday, 18 September
<b>Term 4</b>	Tuesday, 08 October to Friday, 20 December	Tuesday, 07 October to Friday, 19 December	Tuesday, 06 October to Friday, 18 December

\*School development days occur at the beginning of Terms 1, 2 and 3 and the last two days of the school year. Check with your school, as schools may vary some of these dates.

<http://www.boardofstudies.nsw.edu.au/events/vacations.html>

## What are the best shoes for School ?

Let's face it. School shoes have never been at the cutting edge of fashion. In fact if you look at what your parents were wearing, the humble school shoe really hasn't evolved much at all.

Figtree High School's School Uniform Policy states that school shoes need to be ALL black, leather, leatherette or suede shoe/jogger.



But while they all look the same, the cost can vary from about \$30 all the way up to \$120 and beyond. But does a more expensive shoe mean a better shoe?

Geoffrey Crichton, a podiatrist with more than 27 years' experience, says not necessarily. Rather than

concentrating on the price tag, he says the shoe needs to pass these three simple tests:

1. Hold the shoe, one hand at the heel, the other around the middle of the shoe and twist. There should be resistance through the middle of the shoe.
2. Hold the shoe at the heel and squeeze. The shoe should have a strong heel counter which means the heel should hold firm.
3. Flex the shoe at the forefoot (or where the ball of the foot would be). The shoe should flex enabling natural movement of the foot.

## Do you get what you pay for?

Robert Mair, a podiatrist from the Ryde Podiatry Centre, tells his patients that "a shoe is not a wallet. If you can fold it in half and pop it in your back pocket, it's no good." As for the question of cost, Robert believes that in most cases parents get what they pay for.

"The more expensive shoes, like Clarks or Lynx tend to outlast the cheaper brands and in my opinion usually offer better support."

Having said that, both Robert and Geoffrey agree that if your child has good feet and no associated problems like knock knees or flat feet, then he or she can get away with wearing almost anything provided the shoe gives the foot protection and is comfortable to wear.

## Rules of thumb for a good shoe

Geoffrey says cheaper shoes can be OK, but if the materials are inferior it's likely the shoe will breakdown more quickly and need to be replaced. He also cautions against buying shoes too big. "I'd allow a maximum of one thumb width from big toe to the end of the shoe. Anything more and the shoe can alter the way your child walks."

Further information advice about school shoes can be found at the following site.

<http://www.schoolatoz.nsw.edu.au/wellbeing/health/choosing-the-right-school-shoes>

Think **PINK** !!

October, Australia's Breast Cancer Awareness Month, provides an opportunity for us all to focus on breast cancer and its impact on those affected by the disease in our community. Breast cancer remains the most common cancer among Australian women (excluding non-melanoma skin cancer). Survival rates continue to improve in Australia with 89 out of every 100 women diagnosed with invasive breast cancer now surviving five or more years beyond diagnosis.

Take the time this month to find out what you need to know about breast awareness and share this important information with your children, friends and other family members. Finding breast cancer early provides the best chance of surviving the disease. Changes to look for include:

- a **new lump** or **lumpiness**, especially if it's only in **one breast**
- a **change** in the **size** or **shape** of your breast
- a **change** to the **nipple**, such as **crusting**, **ulcer**, **redness** or **inversion**
- a **nipple discharge** that occurs without squeezing
- a **change** in the **skin** of your breast such as **redness** or **dimpling**
- an **unusual pain** that doesn't go away.

Most changes aren't due to breast cancer but it's important to see your doctor without delay if you notice any of these changes. Further information about breast cancer is available from the site below.

<http://canceraustralia.gov.au/healthy-living/campaigns-events/breast-cancer-awareness-month>

Ellie Donovan

Deputy Principal

## **Health Information**

Parents please note that there have been some recently reported cases of students with headlice. Please check your child's hair and seek treatment from your pharmacist if lice are present.

Mrs K Borst  
Supervisor of Girls

### **Gold Awards**

Congratulations to **John Garland**, **Amanda Peace** and **Courtney Belsito** (Year 12), who qualified at the end of Term 3 for their Gold Award. This is the highest award that can be achieved in the school's merit system and means that each of these students has presented 150 merits. These merits provide evidence that the student has been working to the best of their ability across a range of subjects and that they have been prepared to be involved in a range of extra-curricular activities such as special sporting events, the school production and academic competitions. **John**, **Amanda** and **Courtney** have all been awarded Principal's Awards and/or Year Adviser's Awards, another demonstration of their consistent work ethic. They have clearly demonstrated a commitment to following the school's values of Respect, Safety and Learning through earning PBS merits, 100% attendance merits and offering their services to the school. These students are all excellent role models and most deserving recipients of this prestigious award. Well done!

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### **RSL Prize Draw**

Congratulations to **Jye Hepplewhite**, **Emad Latif**, **Andrew Lang** (Year 11), **Dylan Rower** (Year 9), **Liam Randall-Barker** (Year 8), **Connor Clarke**, **Meghan Fox**, **Molly McNair** and **Josh Panayiotou** (Year 7) who each won either an 8 gigabyte thumb drive (very useful for assignments etc!), an *iTunes* voucher or a \$5 canteen voucher because they had their RSL tickets drawn out on assembly. RSL tickets are given to students who are seen to be practising the school's values of Respect, Safety and Learning. Students are encouraged to drop their RSL tickets into the box in the administration block so that they can be included in the weekly prize draw. These tickets are also tallied for each student and count towards earning merits for Bronze, Silver or Gold Awards.

### **Merit Reward Day**

A special reward day excursion has been organised to Jamberoo Action Park. The date for this excursion is Tuesday 17<sup>th</sup> December. *Permission notes will be given out at the end of assembly during Week 6.* All students who have reached Silver level as well as those who have a current Bronze certificate are eligible to attend.

If students do not know whether their Bronze Certificate is up to date they should speak to their Year Adviser or see Ms Dive (in the Languages Staffroom). Students should not leave this until the last minute as this is a very popular excursion and there are limited numbers.

## **Principal's Report**

Year 11 students have now completed their Preliminary HSC studies. Final examinations were conducted at the end of Term Three and the delivery of HSC material has commenced. For many students in Year 11, this is a time to reflect upon their performance and review their pattern of study. Year 11 reports will be issued next week and these reports can assist student and their parents in this process.

To be awarded the HSC, students must study a minimum of 10 units (5 subjects) of which at least 6 units are Board Developed Courses and at least 2 units of a Board Developed Course in English. For students considering University studies when they complete their HSC, they must also ensure that their pattern of study allows them to be eligible for an ATAR (Australian Tertiary Admission Rank). To be eligible for an ATAR, students must complete at least 10 units of ATAR courses. These ATAR courses must include a minimum of eight units of Category A courses including two units of English.

Further information regarding HSC and ATAR requirements can be found at:



## HSC:

[http://studentsonline.bos.nsw.edu.au/go/seniorstudy/hsc\\_rules\\_and\\_procedures/](http://studentsonline.bos.nsw.edu.au/go/seniorstudy/hsc_rules_and_procedures/)

**ATAR:** <http://www.uac.edu.au/undergraduate/faq/atar-courses.shtml>

Students wanting to alter their pattern of study need to complete an application form that is available from Mr Linnenlucke (Relieving Deputy Principal). This form outlines the process by which a student's pattern of study can be amended. Parents/Carers need to sign this form to approve any changes being made.

The process by which Year 10 students select their Preliminary HSC (Year 11) patterns of study is now being finalised. From the online selection process, subjects have been placed within a line structure and staff have been meeting with students to discuss the subjects that they have been allocated. During these discussions with staff, students will be issued with a form that has each of the 6 subjects that they will be studying in Year 11 – 2014. We ask that parents/Carers also discuss the selected pattern of study with their child and sign/return the form to the school.

Electives for Year 9 students in 2014 have also been finalised. Each student has been allocated 3 electives from their online selection process. Mr Peter Liddle (Yr 8 Year Advisor) has informed students of their electives for 2014.

Should you have any questions or concerns about your child's education, we encourage you contact the school so that we can ensure the delivery of quality learning outcomes for every student.

## Assembly Singers

Every Thursday at our whole school morning assembly, our choral group lead the singing of the Australian National Anthem. We acknowledge the talent and leadership that these students demonstrate each week.

*Victoria Liddle, Kaella Pearson, Abbey Blackmore, Georgia Corbeski, Tasmine Lown, Cassandra Harding, Mikalea Frame, Maddison Green, Jessica Trudgett, Olivia Williams.*

David C Deitz  
Relieving Principal

## Welfare Report

This semester has involved a number of Welfare events. We have been involved in the 'Tell Them From Me' survey where all students were given a chance to have their say about our school. The Year 12 cohort celebrated their end of schooling with a fantastic Picnic Day at Thirroul beach and graduation ceremony last term. Mrs Parr is congratulated on all the hard work she has done with our Year 12 students and we wish them all the best with their exams and in the future.

## Some up and coming events this term for specific year groups are...

Tuesday 5<sup>th</sup> November - Year 11 Reports issued

Monday 18<sup>th</sup> November - Year 10 RYDA (Road Safety Education Excursion)

Thursday 27<sup>th</sup> November - TOONSCHOOLS for Year 7 (\$6 incursion on Cyber bullying)

Friday 28<sup>th</sup> November –TOONSCHOOLS for Year 8 (\$6 incursion on Cyber bullying)

## Learning Support

**What a year it has been here in the Learning Support Centre!** Special thanks to our dedicated Teacher's Aides who work tirelessly with the students of FHS. **Thanks to Mrs Cheryl Gittoes, Mrs Janine McKnight, Mrs Sharon Briggs, Mrs Frances Roberts, Mrs Marie Claire Kurt, and Mrs Katrina Murray,**

Special thanks to our teachers who provided individual sponsorship to Indigenous students through the Norta Norta Program. We would like to acknowledge **Mrs Maureen Waters, Ms Mary-Lou Cregan and Ms Cheryl Ackhurst** for their hard work and commitment to these students and the integrity of the program. We would also like to acknowledge **Mrs Jan Massie** Itinerant Support Teacher Hearing for her ability to include and support students within the classroom setting who require support and assistance. We are also grateful for those who operate behind the scenes our District Guidance Officer John Wilson and Counsellor Sue Buckton who provide us with a tremendous amount of support and advice in addressing the needs of FHS students.

Our Parents as Reading Tutors have completed their 16<sup>th</sup> year of voluntary work here at Figtree High School. Many of these tutors no longer have children attending Figtree High School, however their commitment to the Program has enabled a large number of Yr 7 students the chance to have individual reading assistance. Our outstanding tutors are:

**Mrs Sue Butler, Mrs Janice Donaldson, Mrs Maureen Waters, Mrs Wendy Cratchley, Mrs Chris Van De Moosdyk, Mrs Di Thompson, Mrs Menna Bolt, Mrs Sharolyn McKeown, Mrs Margaret Christie, Mrs Leonie Erskine, Mrs Jenny Jolliffe, Mrs Diana Bouffer and Jim.**

Some of our Year 10 girls from Language Backgrounds Other than English (LBOTE) have been involved in the Young Women's Forum, offered by Wollongong Women's Information Service. The girls have been meeting every Monday morning to discuss issues related to young women. They have spent days with students from other schools and members of the Italian community and at the moment, they are preparing a narrative through dance to share with those groups.



*The girls acting out a scenario at the In the Mix day*

This year some of our year 10 students from refugee background were also involved in workshops such as the RAW Program, where they were taught skills necessary to apply for long term employment or entry into tertiary studies. Selected Year 7, 8 and 9 students from LBOTE participated in the Multicultural Youth Conference, where they were given knowledge about specialised topics, improved nutritional understanding and increased awareness of community and support services.

The Learning Support Centre has been the hub of activity at Figtree High School in 2013. We are thrilled that students are accessing the centre at recess and lunch daily. Here students are offered an opportunity to study with assistance and/or to socialise in a safe and positive area.



*Speaking about personal experiences and coming to Australia at the Youth Conference*

Sue Clifford, Evia Kyriacou & Judy Markham

#### Yr 11 Welfare Report

Well, it has been a big start to Term 4 for Year 11, who have now begun their HSC course. It's both scary and exciting to think that in 12 months time they will be sitting their final exams. Many students have already completed the paperwork to drop from 12 units of study down to 10. I encourage all Yr 11 students to make careful and considered decisions in this regard, as these are changes

will be final and cannot be undone at a later stage.

Final reports for the Preliminary course will be distributed to students at school on Tuesday 5<sup>th</sup> October. I wish Year 11 the very best over the next 12 months and encourage each of you to take advantage of all of the opportunities provided to you this year, get involved with as many events at school as you can and of course work consistently at your studies.

Mr Denner.

#### Yr 10 Report

Majority of Year 10 are working well and will be proud of their results as they move from junior to senior school. Some have unfortunately gained N Warnings but it is not too late for students to complete the work required to resolve these N Warnings.

The Cohort will have the opportunity to take part in RYDA Driver Education program this term. This will arm the students with information and facts that will assist them as they take on the challenge of Driving.

All year 10 students have completed the selection process of their subjects for Year 11 and 12; this is an exciting time as they start to plan for the days ahead. They will also have the opportunity to step up and take on the challenge of leadership by participating in Peer Support Training which will help not only their development but will also assist the transition of the new cohort of Year 7s.

SRC elections were held late last term. Congratulations must go to all the students who did a fantastic job of presenting their speeches in front of their peers. They all deserve special congratulations. I am very proud of all but in particular to the following students; Presidents Yelena Zaric and Daniel Lucas, Secretary Chloe Jovanoska, Treasurer Karlee McNamara and our SRC Reps Amy Prior, Bainous Dumbaya, Ben Kuzman, Elsie Croker and Jason Rees.

Mrs Goodall

#### Year 9 Report

As another school year draws to a close I would like to take this opportunity to say how pleased I am with the overall progress of year 9. This year I have received many positive comments about how settled the year group has become. This is particularly reassuring as the year group completes the first half of their secondary education and head into their senior years.

One highlight for me was being able to join year 9 PASS students on the ski trip in August. It was my first time skiing, which was also the case with most of the students. I took a couple of falls on the first day and genuinely felt like giving up. However, most students were in the same position as myself and did not let the fear stop them.

They picked themselves up, persevered through the falls, and by the end of the trip they were skiing like experts. Well, at least next to me they seemed like experts. I was so impressed by their tenacious attitude to overcome the natural fear of falling, and failure. If they can take this with them into year 10, I am confident that they will achieve to their full potential throughout the rest of their time at Figtree High School and beyond.

As reports draw near and yearly exams begin, I would like to remind parents and caregivers to talk with their children about these events and about the need to develop sound study habits to enable them to achieve the best possible result. Their reports are a reflection of who they are and we want that reflection to be positive.

Good luck to year 9 for the rest of the term!  
Kerrie Harris

### **Yr 8 Report**

For Year 8, 2013 has been an awesome year and the start of this term 4 is still filled with excitement. We had Kimia Rahmannia return from Korea after representing our school with distinction and Cody Gillis winning the Go-carting championship. Now we are busy finding out the elective classes in which we will be enjoying for the next two years. Congratulations to all for your attention to detail and proudly wearing our FHS uniform. In my opinion we are the best looking year group. Now as the end of year assessments and final exams roll in on us, do not stress, do prepare, do ask for help if you need it and do your best which will make your family and I proud.  
Mr Liddle - Year 8 Year Advisor.

### **Year 7 Report**

It is difficult to believe that the year is nearly over and that year 7 will soon be Year 8. Overall, the Year 7 cohort has settled into high school really well and I have been busy signing applications for Bronze and Silver Awards for the school's merit award scheme. I am looking forward to celebrating a great year with many Year 7 students on the merit excursion to Jamberoo Recreation Park, which is coming up later in Term 4. With only a few weeks to go, students have been reminded that they need to continue to focus on their school work and many of them have assessments and tests coming up very soon.

### **PDU NEWS**

With the end of the year fast approaching, the students are busy preparing themselves for final exams and assessment tasks. I must commend them all on their work ethic, exemplary classroom behaviour and the respect they display to staff and fellow students. During September, the students from the PDU represented the Illawarra region to compete in the State Finals of the NSW School Knockout Competition in Boccia at Olympic

Park. Team members were : Shannon Neeson, Mecenzi Howard, Hami Sturmey, Elsie Croker, Ashley Hanson, Chris Cady and Kurt Davis. To proceed to the next round a team had to win 3 out of 4 games, which they achieved convincingly. A loss in the next round placed Figtree High 5<sup>th</sup> in the state. This is an impressive result as there were 16 teams in the competition. The students are aiming for the top 3 positions next year and with more practise, I am sure that this will be attainable.

Caitlin Carson is part of the Young Women's Forum and is enjoying the interaction with her peers and attending forum days at Cringilia Community Centre.

Hami Sturmey and Shannon Neeson attended successful work experience placements which they organised independently and received excellent reports from their employers.

Melissa Tasevski, who completed year 12 last year, is back with us 1 day per week, undertaking work experience . Melissa is currently studying to become a Teachers' Aide and is providing support to students in the classroom. Melissa was a very dedicated student and brings the same qualities and commitment to her duties and responsibilities in the classroom.

I would like to thank the SLSO's , who work tirelessly all year to provide comprehensive support to our students, both in and out of the classroom. Thanks Catherine, Katrina and Carol.  
Ellen Foord

### **CAREERS -ENGINEERING DAY**

Last Thursday, 24th October, I went to the Discover Engineering Day at Lake Illawarra High School. It was an all day event hosted by Engineers Australia with a range of guest speakers from engineers with over 30 years experience to those studying engineering at university.

During the day there were a wide variety of activities for us students to participate in and many interesting guest speakers talking to us about what an engineer does and their experience in the industry. There were 6 activities during the day, some to give us some information on engineering and others to give us some hands on experience to see what an engineer actually does. Some of these activities included 'BOC experiments' where we watched two chemical engineers play with liquid nitrogen, and 'RoboCup' where we were able to get hands on with one of the robots created by UNSW for the RoboCup. The RoboCup is basically a soccer competition amongst many universities around the world, the only catch is they play with robots they made themselves.

The Discover Engineering Day was a great day where students could have lots of fun as well as gaining an insight on a career in engineering. I feel that I walked away with a greater understanding of the steps I would have to take to become an engineer and what an engineer does for their job. It's definitely a worthwhile experience and I would recommend anyone even considering studying engineering to go.  
Savannah Reali Year 11

## **P&C NEWS**

Welcome back to Term 4. The Parents and Citizens Association at Figtree High School have been very busy recently.

### **Election Day BBQ**

A huge thank you to those families who donated supplies and or assisted in some way with the Election Day BBQ. The day was a huge success and we were lucky to have a dedicated group of people on the day to help serve and cook. Special mention must go to the staff of the canteen who generously assisted the P&C with this activity and to the following volunteers who helped make this event happen:

Tracey & Brad Newman, Linda Costello, Diane & Ray Grant, Narelle Jacobsen, Rebecca & Ray Jermyn, Marie Lucas, Gabi & Myah Howard, Adrienne Hatton and Carolyn Cunningham. The P&C contributes significant funds to the school with events such as these, which benefit all students at Figtree High School. Thank You!

### **23<sup>rd</sup> October P&C Meeting**

We were lucky to have Mrs Jennifer English (Head Teacher Science) attend our P&C Meeting this month. She was able to give an outline of the ALARM program which is being implemented at Figtree High School. This is a great initiative which is being led by Mrs English. The implementation of this program has led to remarkable improvements in the quality of students' written answers and an increase in confidence and engagement for students in their course work. We thank Mrs. English for attending our meeting and explaining how the program works. This is just another example of teachers going the extra distance for the students at Figtree High School.

### **Help!!! - Positions Vacant – P&C and Canteen Treasurer**

This year will be Mr. Dave Adamson's last as P&C and Canteen Treasurer. Since retiring in 2010 Dave has committed himself to assisting the P&C with its finances. Now the time has come for Dave to relax and enjoy his retirement fully. The P&C is sad to see Dave leave as he has been a very reliable and helpful Treasurer. We thank him for the contribution he has made to our P&C. This now means that these 2 positions are vacant for 2014. The P&C is appealing to Figtree High School's parent body for assistance. We need to find a volunteer who has some background in finance or bookkeeping who is willing to take on these roles. Dave is more than happy to train the new Treasurer, if required, while they settle in. If you are interested in taking one or both of these roles or you would like more information, please email me on [d\\_low@tpg.com.au](mailto:d_low@tpg.com.au) or phone 42 25 8636 for details.

### **Next P&C Meeting – All welcome!**

Why not come and join us at our next meeting? They are held on the 4<sup>th</sup> Wednesday of the month in the school library at 7:30pm. The next one is on 27<sup>th</sup> November. The meetings are low-key and usually finished by 9pm. Attendance at meetings is great way to find out information about what is happening at your child's school.

Regards,

Sharyn Low

Figtree High School

P&C President

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### **OUTREACH – TAFE**

The Outreach unit at TAFE NSW Wollongong Campus will be conducting courses for people who want to develop skills for employment or further study.

Courses include those specifically for women and cover vocational skills in:

1. Certificate II Skills for Work and Training (Computer Skills)
2. Certificate I in Access to Work and Training Introduction to Café and Hospitality
3. Certificate II in Skills for Work and Training (Office and Customer Service)

These courses have no TAFE administration Fee. Courses commence in February 2014.

Please contact Jennie on 4229 0149 for further information before 13<sup>th</sup> December, 2013.



[www.figtreehighcareers.com](http://www.figtreehighcareers.com)

I've put together a new website.

UAC/VTAC/QTAC

VET

It's a "One Stop Shop" for everything you need with Career Planning and help.

LATEST NEWS AND EVENTS

WORK EXPERIENCE

DO AN INTERESTS TEST

FIND A JOB

CHOOSE A UNIVERSITY

GAP YEAR

CREATE A RESUME

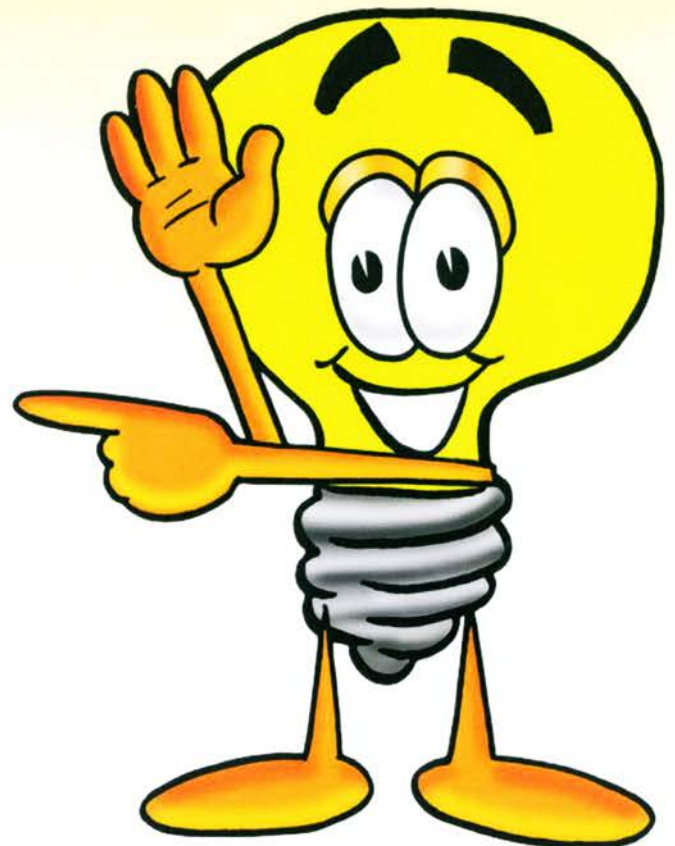
DEFENCE CAREERS

YOUTH ALLOWANCE

**CHECK IT OUT NOW!**

*Mr Adam Sargent-Wilson*

Careers Adviser



**THE BEST WAY TO PREDICT THE FUTURE IS TO CREATE IT**



## Have you Moved ? Changed phone numbers or email address ?

It is important that the school has the correct contact details for parents/carers of our students, this include Emergency Contacts. If you have changed your address, phone number or email address, or your Emergency Contacts details please let us know. You will find a "Change of Personal Details" form on the last page of this newsletter. Please complete this form if any of your details have changed, and either have your child return it to the office, or email this form to the school email address:

**figtree-h.school@det.nsw.edu.au**

# **Figtree High School**

## **Gibsons Road, Figtree, 2525.**

### **Phone 42712787   Fax 42716626**

Change of:

ADDRESS,   PHONE NUMBERS,   MOBILE NUMBERS,   EMERGENCY CONTACTS

If you have had a change to any of the above, would you please write your new details below.

Return to the office as soon as possible so our information is up-to-date.

Thank you

**Student's Name**

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**Parent/Carer Signature** \_\_\_\_\_



# I'M READY...

## TO EXPLORE MY OPTIONS!

**2014 ENROLMENTS OPEN ONLINE 2 NOVEMBER**

**CHOICES DAY INFO SESSIONS @ YOUR LOCAL CAMPUS SATURDAY 2 TO THURSDAY 7 NOVEMBER**

- Find out about courses for 2014
- Check out the Campus
- Meet our expert and friendly staff
- Gain assistance with enrolling online

**SEE OVER FOR DETAILS**

1300 766 123  
[illawarra.tafensw.edu.au](http://illawarra.tafensw.edu.au)  
 Follow TAFE Illawarra

**TAFE ILLAWARRA INSTITUTE**

Facebook Twitter YouTube Instagram



# I'M READY...

## CHOICES DAY

**ATTEND A CHOICES DAY INFO SESSION AND EXPLORE YOUR OPTIONS!**

DATE	CAMPUS	TIME
<b>Northern District</b> (including Dapto, Shellharbour, Wollongong, Wollongong West and Yallah)		
2 November	Wollongong	9:00am – 2:00pm
<b>Highlands District</b>		
2 November	Goulburn	10:00am – 2:00pm
4 November	Cooma	3:00pm – 6:00pm
6 November	Yass	3:00pm – 6:00pm
7 November	Moss Vale	3:00pm – 6:00pm
7 November	Queanbeyan	3:00pm – 6:00pm
<b>South Coast District</b>		
2 November	Nowra	10:00am – 2:00pm
2 November	Ulladulla	10:00am – 2:00pm
2 November	Moruya	10:00am – 2:00pm
2 November	Bega	10:00am – 2:00pm

[www.illawarra.tafensw.edu.au](http://www.illawarra.tafensw.edu.au) | 1300 766 123  
 Follow TAFE Illawarra

Facebook Twitter YouTube Instagram



**SPECIAL PROMOTION FOR**

**FIGTREE HIGH SCHOOL**

**SPECIAL SALES**

**DAYS x 2**

**AT LOWES STORE – WESTFIELD FIGTREE**

Wednesday 4<sup>th</sup> December from 12.00pm to 5.00pm  
 Thursday 5<sup>th</sup> December from 9.00am to 9.00pm

**RECEIVE 15% DISCOUNT**

Off the regular price on all uniform items for  
 Everyone at Figtree High School

**PLUS**

**BONUS EZY-WAY 5% DISCOUNT**

additional for Lowes Ezy-Way customers

**OR 5% REWARDS**

Lowes Rewards Card holders receive in-store Gift Vouchers to the value of 5% of their purchase

**PLUS**

Lowes will pay your school annual 5% rebate on every uniform purchased in-store.

### Surfs Up for Disabled Surfers

Saturday the 30<sup>th</sup> November will see the South Coast Branch of the Disabled Surfers Association running its 21st annual 'Hands On Day' at Thirroul Beach with everyone checking in between 9 - 9.30am at the tents set up at the southern end of the pool. As you might know, the DSASC runs annual events at Thirroul and Gerroa with one additional annual event further down the coast (again at Mollymook this year Sat Nov 16). We are Australia's only surfing charity.

Our disabled participants, no matter how great the challenge, get the chance to enjoy what the rest of us take for granted - the beach and its waves.

The day includes a fully supervised surf experience followed by a BBQ lunch and prizes for great deeds. The surfing takes place in only waist-depth water and only on broken waves, usually riding tandem with a helper on the back of the board.

Wetsuits, rashvests and flotation devices are provided on the day and everyone is assured of a great day.

Any student volunteer attending will have a great (and enlightening) day – certificates will be issued for their CVs (if they want them). In attendance will be a large group of experienced helpers that will be supplemented by 'first timer' volunteers such as local students. We break up everyone into teams of 10, with a mix of experienced and novices.

For some students a DSA event can act as a sort of epiphany in that, an appreciation of what others have to endure, suddenly sinks in. Another bonus is that over 20 ex students, who have helped at past DSA events, now have permanent positions in the care industry. We recommend the target group of students would be yr10/yr11 and even mature yr9s are also welcome.

Thanks : for more information please contact secretary Ian Picton on 0421601222 or Sandra Gould on 0402806622 or check out the web on [www.disabledsurfers.org](http://www.disabledsurfers.org)