



FIGTREE HIGH SCHOOL

PARENT BULLETIN

Term 2 Week 8 20th June, 2014

2 Gibsons Road, Figtree NSW 2525 Ph: 4271 2787 Fax: 4271 6626
Email: figtree-h.school@det.nsw.edu.au

School Events

Week 9 (B)	Beginning Monday 23rd June
23.6.14	<ul style="list-style-type: none"> - Open Boys Soccer Knockout Game - Textiles Suitcase Exhibition in Textiles Room - Homework Centre 3:00pm – 4:00pm
24.6.14	<ul style="list-style-type: none"> - Boccia Gala Day in the Auditorium - Links to Learning Program continues - Yrs 7, 9 & 10 Parent/Teacher afternoon booking times available online
25.6.14	<ul style="list-style-type: none"> - Year 11 and 12 Textiles Excursion - Year 5 Enrichment class in Library
26.6.14	- Parent/Teacher afternoon/evening - Yrs 7, 9 & 10 2:30pm – 7:30pm
27.6.14	<ul style="list-style-type: none"> - Last day of Term 2 - Year 7 Scripture – 7M, 7N, 7O
Week 1 (A)	Beginning Monday 14 th July
14.7.14	- Staff Development Day
15.7.14	- Year 9 Links to Learning program continues
16.7.14	<ul style="list-style-type: none"> - Year 12 Information Meeting 7:00pm - Year 5 Enrichment class in Library
18.7.14	- NSW CHS & All Schools Cross Country Carnival
Week 2 (B)	Beginning Monday 21 st July
22.7.14	- Year 9 Links to Learning program continues
23.7.14	<ul style="list-style-type: none"> - Taste of TAFE Excursion for students in Yrs 10-12 - Year 9 Links to Learning program continues - Year 5 Enrichment class in Library - Year 10 into 11 Subject Selection Evening 6:00pm
24.7.14	<ul style="list-style-type: none"> - Indigenous Games Day for Year 7 students and Sports leaders - Year 12 Students meeting period 1 about UOW Early Entry
25.7.14	<ul style="list-style-type: none"> - Year 7 Scripture – 7T, 7N, 7O - Open Boys and Girls State Futsal Championships

PBS VALUES

WEEK 9: RESPECT

Be at the canteen to buy only for your self

TERM 3

WEEK 1 SAFETY

Walk sensibly in the corridors and the stairwells and keep to the left.

PRINCIPAL'S REPORT

The parent/teacher interview evening is scheduled for 26 June for students in Years 7, 9 and 10. I look forward to seeing you on the evening.

“Figgys Got Talent” was an amazing event and so very successful. Congratulations to all the contestants, ex-students, staff and entertainment crew. A special thanks to Mr Michael Malouf for his organisation and to Mrs Meryl Jackson-Kew for her role as Master of Ceremony.

The Quality Teaching Committee have implemented the first session of the plan for the continuation of the implementation of A Learning And Response Matrix (ALARM). Open observation lessons for all teachers occurred in English, PDHPE, CAFS and Visual Arts this week. Thank you to the students and staff for being so welcoming. The academic rigour that the students displayed was to be commended.

The Teaching English Language Learners (TELL) Course has 12 participants from various schools. It consists of 6 Modules. Each module is 2 hours in duration. The modules are presented after school hours on a fortnightly basis. The school coordinator is the English As A Second Language Teacher (ESL), Mrs Evia Kyriacou.

The Homework Centre operates each Monday afternoon from 3pm-4pm in the library. There is voluntary teacher supervision and we encourage student to attend.

I wish all the students a safe and relaxing vacation break. Thank you to all the parents and carers for your continued support of our exceptional school that provides engaging and consistent learning outcomes for your child.

Thank you.

Carol Marshman
Principal

Figtree High School's Core Values

A focus on Safety – Road Use Reminders

To ensure that students stay safe, either as a passenger, pedestrian or cyclist, we ask our parents to support us by reinforcing the schools safety values, which reflect safe road behaviour.

Pedestrians

Walking from the front of the school

Students should use the footpaths on Gibsons Road and any **road crossings should be made at the traffic lights in front of the school**. Students who are travelling south along the Princes Highway should also use the traffic lights. Community members have reported concerns to the school about the number of students crossing Gibsons Road and the Princess Highway at the round-a-bout. From 3:00pm – 3:20pm, this area is very heavy with traffic. To ensure student safety, on the Princes Highway, students are asked not to cross the road at the round-a-bout on the Princes Highway, but instead, use the traffic lights at OBriens Rd or if heading south, use the traffic lights on the Princes Highway opposite the old bus depot.

Please note that the **staff carparks are not to be used by students or parents** as an entry or exit point from the school. **The staff carparks are not to be used by parents to drop off or pick up their child, without the prior approval of the Principal or Deputy Principals.** While we understand that parking can be difficult in Gibsons Road during the afternoon, OBriens Road can also be used to pick up students at the rear of the school.

Waiting for Buses

Students need to wait in an orderly manner at the front of the school while waiting for buses. On the Figtree High side of Gibsons Rd, students should wait along the school fenceline, as this enables a clear passage for pedestrians along the footpath. When the school bus arrives, students need to wait until the bus stops before approaching the bus. Students waiting for a bus on the Figtree PS side of Gibsons Rd, need to assemble in two lines behind the white fence, ensuring the footpath is clear for pedestrians, including parents and younger students from Figtree PS. Ball games are not to be played at the front of the school, and students with skateboards or scooters need to hold these while waiting for buses. The use of these can create a safety hazard for other students, including primary school students who are using the footpath.

Rear of the School

This area is often busy between 3:00pm-3:15pm with parents collecting students after school. **Students who are crossing OBriens Road are asked to use the pedestrian islands** that are available on the eastern side of the round-a-bout. Students waiting for a bus, assemble in an orderly manner at the bus stop.

Cyclists and other Wheels

If students are riding their bicycle to school, **students MUST wear a helmet**. This is to meet the legal requirements with regard to cyclists. Students are not permitted to ride their bike on the footpath, but need to use the road when travelling on their bike. **Cyclists should keep to the left side** of the road and always ride in the same direction as the traffic on the road. Students enter the school grounds and take their bike directly to the bike bay area, where it can be secured. Students travelling by scooter or skateboard need to secure these in the lockers in the administration area. Students are not permitted to ride scooters or skateboards on the school grounds, or on the footpath if they are waiting to catch a bus.

Travel by Car

Gibsons Road has a number of parking restrictions, especially during the morning and afternoon. This is for student safety. We ask parents and carers to ensure that they follow these road signs, to keep our students and Figtree Public School students safe.



No Stopping

A "No Stopping" sign means no stopping, at any time, not even to quickly drop someone off.

No Parking

A "No Parking" sign means you can't park, but you can drop off or pick up passengers or goods without leaving your vehicle (i.e. you must be within three metres of your vehicle). You must attend to your business promptly (within two minutes of stopping your vehicle)

Parents are also reminded that they **should not park across driveways**, including those for local houses, businesses, the church and schools, as this causes frustration for home owners and businesses in our community. Parking traffic infringements in school zones can result in heavy fines ranging from \$169 - \$405. A list of school zone infringements can be found on the following link <http://www.rms.nsw.gov.au/usingroads/downloads/demerits-school.pdf>

Ellie Donovan
Deputy Principal

NAIDOC Public Speaking and Debating Challenge

On Tuesday 3th June four students, **Chloe Winch** and **Rylie Byrne-Coad** from year 10, as well as **Brittney Angus** and **Taranom Rahmani** from year 9 competed in the NAIDOC Debating Challenge. This is an annual event which was hosted by Figtree High School this year. In the first part of the day, a very moving Welcome to Country was given by Auntie Barb Nicholson. A number of primary students also presented speeches on the topic of 'Aboriginal peoples serving Australia in war times.' Tarrawanna Public School emerged as the public speaking winner with Dapto Public School the runner up. In the second half of the day, local high schools engaged in debating heats. The topic debated was that 'Only a citizen soldier should be asked to protect their country.' Our students argued from the perspective of the opposition; the girls were confident, expressive and convincing. Our students were successful in winning their heat against Albion Park High School, however, the overall winner for the debate was Bulli High School with Kanahooka High School the runner up.



I have observed considerable development in the team since last year's NAIDOC debate. The girls have improved their ability to present a cohesive argument and construct persuasive rebuttals. Congratulations to Chloe Winch, Rylie Byrne-Coad, Brittney Angus and Taranom Rahmani on their win and on their assistance in hosting the event. Parents, teachers and staff from the Department of Education and Communities Regional Office expressed their appreciation for the school's hospitality and cooperation in hosting the event.

A special mention should also be made of **Erika Petersen**

for her invaluable assistance in running the event and **Ally Nelson** for her photography efforts on the day. Thank you also to Mr Malouf and Ms Buxton for their support and the canteen for catering.

Jessica Williams
English Faculty

ACE Showcase of 2014

On Tuesday 10th June, the annual ACE Showcase was held in front of an audience of parents, teachers and special guests. ACE is the Academic Challenge and Excellence program that is designed for gifted and talented students from Years 7-10. Students are required to identify a problem within a topic of their choice and conduct primary and secondary research to develop a series of solutions or recommendations for their problem. As part of the primary research component, students had to interview an 'expert' in their chosen field. The ACE students had the opportunity to interview a wide range of people from across Australia including professionals from numerous organisations. The ACE students presented their findings during a showcase of their work where they were required to present a speech as well as a visual presentation. The students did an incredible job and their presentations demonstrated their sophisticated understanding of the topics explored. There was a wide range of topics researched this year including Indigenous issues, youth homelessness, technology in schools, the teenage migrant experience and marine pollution.

Congratulations to the following students who presented their final projects during the ACE Showcase:

Year 7 – Zoe Williams, Natasha Hynoski and Dylan Mesiti

Year 8 – Gabrielle Livingston, Payton Williams, Lance Tarrant and Daniel Moss

Year 9 – Samara Miotto and Xoes Attipoe

Year 10 – Taryn Brunskill and Georgina Petrolo

I would also like to acknowledge the efforts of the Teacher Mentors, Mr Simmonds, Miss Dark and Mrs Glasgow, who played an important role in providing additional support and guidance for the ACE students.

Mrs Corbett

Science News

The Science Faculty would like to congratulate several groups of students.

An opportunity was presented to all students at Figtree High School to produce a short film (1-3 minutes) on a Science topic. These films would be entered into the University of Sydney's Eureka Science Competition, with several significant prizes on offer. Mr Denner's Marine Studies class have taken this opportunity and a number of entries on Marine topics such as rockpools, tsunamis, jellyfish, wave power and The Great Barrier Reef have been accepted into this competition. With finalists announced in August, we are wishing our students the best of luck with these entries and hope they enjoyed producing their films.

Later in the year, student teachers from the University of Wollongong will be working with groups of Figtree High School students to produce films for entry in next year's competition.

We have also had students participate in the Australian Science Innovations 'Big Science' Competition during May. Students sat this 60 minute, 30 multiple choice, examination at school in the categories of Junior, Intermediate and Senior. Last year we had several students achieve distinctions in this competition and we hope this group has similar success. This competition will run again next year and we would love to see more students entering and taking advantage of the opportunities being offered in Science.

Finally, we would like to acknowledge two talented students from our Year 12 cohort, **Savannah Reali** and **Michael Valceski**. You may have seen these students featured in the Illawarra Mercury and on WIN Television News. These students have been selected to participate in the International Youth Science Forum in London in July. This is an extremely impressive achievement and a special opportunity, with Savannah and Michael being two of only ten students selected nationally. A trivia and games night fundraising event is being organised to help support Savannah and Michael cover the cost of attending the forum. This event will be held at the Fraternity Club on July 4th at 6:30pm, with tickets costing \$20. Your participation in this event would be greatly appreciated. Please contact Paula 0413 007 358 or Suzy 0402 863 046 to reserve tickets for your group.

Again we would like to encourage all students to get involved in opportunities offered in Science throughout the year and hope the accomplishments of these students inspires others to strive for success.

Mr Ben Hudson
(Rel. Head Teacher Science)

CHS State Hockey

Congratulations to 4 of our students who made the South Coast Hockey team. The students were **Peter Cowan, Rhys Castle, Thomas Miotto** and **Mitchell Galea**. The boys competed in the CHS State Finals which were held at Unanderra Hockey Stadium from the 27-29th May. The South Coast team won their first match 16-0 against Sydney West, their second match they won 8-1 against North Coast, their third match 12-0 against Sydney South West and their forth match 8-2 against North West. This saw the South Coast team make the semi final against western Division, however, they lost 2-1. This meant that South Coast came Third overall.

Congratulations to **Thomas Miotto** who was selected into the NSW CHS Hockey Team.



Pictured above – Rhys Castle, Thomas Miotto and Mitchell Galea, absent Peter Cowan.

Regional Cross Country

On Friday 30th June we had a group of students who competed in the Regional Cross Country at Nowra. Our Zone (Northern Illawarra) had some excellent results which saw us placed first in the boys point score and first in the girls point score. This meant that we were the overall winning Zone on the day. Our students had some exceptional results and all runners need to be

congratulated on their sportsmanship and effort. Our 15 years boys team won their age division and will get to compete at the State CHS Championships as a team. The following students have now made it through to the CHS State Cross Country which will be held on the 18th July.

- Jayden Smileski – 1st
- Cameron Lodge – 2nd
- Joshua Head – 2nd - 15 year boys team winner
- Tyren Maclou – 9th 15 year boys team winner
- Sam Oyston – 10th 15 year boys team winner
- Cody Gillis – 15 year boys team winner
- Bainous Dumbuya – 5th
- Simone Botting – 6th
- Tim Tschentscher – 3rd

Athletics Rewards

At our Athletics carnival this year every student was awarded with a raffle ticket if they participated in an event. This raffle ticket allowed the students to go in the draw to win 1 of 8 \$20 gift vouchers. There were a large number of tickets presented but the lucky winners were

- Ashleigh Matthews – Year 9
- Korey Ison – Year 8
- Chloe Mearing – Year 7
- Ben Rada – Year 11
- Kimia Rahmannia – Year 9
- Emily Woods – Year 8
- Chloe Winch – Year 10
- Bainous Dumbuya – Year 11

Congratulations to all students who participated on the day.

School Athletics Carnival

Our school carnival was held on the 23rd May. It was a fantastic day with a large number of students in attendance. The students and teachers enthusiasm was outstanding which meant the day was enjoyable for everyone. We had some fantastic results on the day and we have a large team attending the Zone carnival which will be held at Beaton Park on the 20th June.

The winning house for the Athletics carnival was BLACK house. Congratulations to all students of this house.

Our age champions for 2014 were

- 12 years – Jayden Tye and Zoe Williams
- 13 years – Cameron Lodge and Krystal Solevski
- 14 years – Matthew Hobbs and Payton Williams
- 15 years – Jarrod Twigg and Teghan Barklay
- 16 years – Adam Bassuni and Erika Peterson
- 17+ years – Aaron Llatse and Chantelle Botting

A number of records were also broken on the day

13 years boys – Cameron Lodge- 400m – 1.03.50

14 years boys – Matthew Hobbs – Discus – 37.10

15 years boys – Jarrod Twigg – Discus – 47.36

15 years boys – Momolou Sirleaf – 400m – 58.37

17+ years boys – Bainous Dumbuya – 1500m – 4.50.10
also Tim Tschentscher broke the record coming 2nd with 4.52.20

12 years girls – Natasha Hynoski – 400m – 1.18.72

13 years girls – Camelia Ali – 100m – 13.50

13 years girls – Krystal Solevski – 1500m – 7.08.03 also
Tahirah Coulson broke the record coming 2nd with 7.19.91

15 years girls – Teghan Barklay – High Jump – 1.55

16 years girls – Erika Peterson – 400m 1.08.88 and
800m – 2.50.28



Jarrod Twigg pictured competing in the Javelin



The 13 years Girls competing with Ms Williams who was also having a run.



The 13 years boys competing in the 100m



Aaron Llatse competing in the High Jump

Year 9 Snow Trip

This is a friendly reminder that the final payment for the Year 9 Snow Excursion is due on July 14th (first Friday of Term 3). Please pay online or at the front office.

YEAR 10-11 SUBJECT SELECTION EVENING 2014

Dear Parents/Carers,

Year 10 students have started in the initial phase of selecting subjects for study in Year 11, 2015. This involves:

- Lessons with the Careers Adviser
- Receiving the Preliminary Course Handbook 2015
- Talks by Head Teachers and staff within individual faculties

To consolidate the activities already undertaken, on Wednesday 23rd July Figtree High School will hold our Year 10-11 Subject Information Night in the school auditorium commencing at 6.00pm.

The evening will give parents/carers and Year 10 students the opportunity to gain further understanding of:

- Higher School Certificate rules and regulations
- ATAR (Australian Tertiary Admission Rank)
- Subjects on offer at FHS (subject to final approval)
- Vocational Education & Training options
- TAFE VET options
- the timeframe for choosing subjects

Parents/Carers and students will have the opportunity to talk to representatives of each faculty at the school to discuss individual subjects and their relevance to future career plans and goals. Wollongong University and TAFE Illawarra will also have representatives at the evening to answer any questions regarding tertiary study and degree options.

Tea/coffee will be available throughout the evening.

We hope to see you at this important evening.

Mrs C Marshman
Principal

Mr Sargent-Wilson
Careers Adviser rel.

Year 12 Parent Information Evening

Wednesday 16th July 2014

7.00 pm

On **Wednesday 16th July 2014, at 7.00 pm**, there will be a Year 12 Parent Information evening for parents and students currently in year 12. The aim of the evening is to inform parents and students about post school options and provide strategies and direction on how to achieve them. The evening will also provide parents and students with some important tips on coping with the pressure of exams/assessments and the demands of the Higher School Certificate (HSC).

Figtree High School staff, including the principal, year adviser, careers adviser and faculty representatives will be available to answer questions. There will be a series of brief presentations regarding effective study habits, handling stress and discovering the various pathways open to students studying in year 12.

There will also be representatives present from Workplace Learning Illawarra, TAFE and the University of Wollongong to answer any of your questions in regards to post school options. We look forward to seeing you there on the evening.

Mrs Carol Marshman Adam Sargent-Wilson

Principal Careers Advisor rel.

SMS ALERTS FOR ABSENCES

If you receive an SMS from the school that states your child has been marked absent, when replying by SMS please leave your child's name, what year they are in and reason for the absence. Any questions, please phone 4271 2787.

Thank you

Do you have a child in Years 7 or 8 at High School?

Would they be interested in participating in a research study for 2 days of the school holidays? If you think they would be interested in participating in our study aimed at reducing adolescent sedentary time please read on.

The Early Start Research Institute at the University of Wollongong is seeking volunteers for a new study examining the acute effects of reduced sitting time on adolescents during a school day.

Adolescents will be compensated for their participation in the study with 2 x \$20 vouchers and parents will be given \$20 for travel costs.

What does the study involve?

- You and your child will visit the University of Wollongong three times.
- On the first visit they will be familiarised with the study and on the second and third visit they will be involved in mimicking a school day in our state of the art whole room calorimeter so that we can measure the energy they expend.
- During the activities your child will wear several activity monitors while in the calorimeter.

If your child fits the following criteria and are interested please contact us:

- * Aged 12-15 years
- * Does not suffer from: Prader-Willi syndrome, Bardet-Biedl syndrome, diabetes, coeliac disease, PKU or other metabolic disorders, cystic fibrosis, multiple food allergies, significant physical disability or developmental disability eg. restricts age-appropriate play or any other diseases where the primary conditions or syndromes associated with obesity, other chronic disease.
- * Has a Body Mass Index (BMI) which is above the healthy range for their age and gender.

Participants who do not meet these inclusion criteria will be asked if they would be willing to participate at a later date if further funding is gained for a study among adolescents with a lower BMI.

If you would like more information, please call Anisse Penning or Anne-Maree Parrish on the study hotline: 4221 5098 or email: acp177@uowmail.edu.au

This study has been approved by the University of Wollongong Human Research Ethics Committee

(HE14/069).

School Holiday Activities

For parents wondering what to do with the kids this school holidays, NSW Sport and Recreation have a number of fun and exciting holiday camps for kids aged 5-16 years.

Led by qualified instructors, our popular camps get kids outdoors learning new skills while making new friends. There are plenty of activities on offer, including fishing, mountain biking, kayaking, abseiling, rock climbing, cooking and snow camps.

With school holidays fast approaching, could you please include the attached flyer in your upcoming newsletter. It details all camps on offer, their duration, price and booking information.

Thank you for your assistance in promoting NSW Sport and Recreation holiday camps. If you have any further queries, please don't hesitate to contact us.

Kind Regards

Sport and Recreation

T 13 13 02

E sportrec@communities.nsw.gov.au

W www.dsr.nsw.gov.au/camps

The Department of Education and Communities

[Facebook: Sport and Recreation Centres](#)

TAFE NSW – EMPLOYMENT AND TRAINING COURSE

The Prevocational Programs Unit at TAFE NSW Wollongong Campus will be conducting an Employment and Training course for people who want to develop skills for employment for further study. The course will commence in July 2014.

This course is suitable for women and single parents and covers employment and further study skills. The course is the Certificate III in Employment and Training, course number 10699, and includes units in English, Computing Skills, Science, First Aid, Employment Skills and Maths for work.

Please contact Antonia on 4229 0036 for further information or attend one of the following information sessions: Wednesday 25 June 2014, 4pm to 5.30pm at Wollongong Campus, Building L.2.17.

Payments for School Fees/Excursions online

During Term 2, parents have had great success using the online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website by selecting [\\$ Make a payment](#)

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called 'Other', this to cover items not covered in the previous headings. Other can be used to make a complete payment of a school invoice.

When you access the [\\$ Make a payment](#) you must enter:

- the students full name, class and reference number OR
- the students full name, and date of birth.

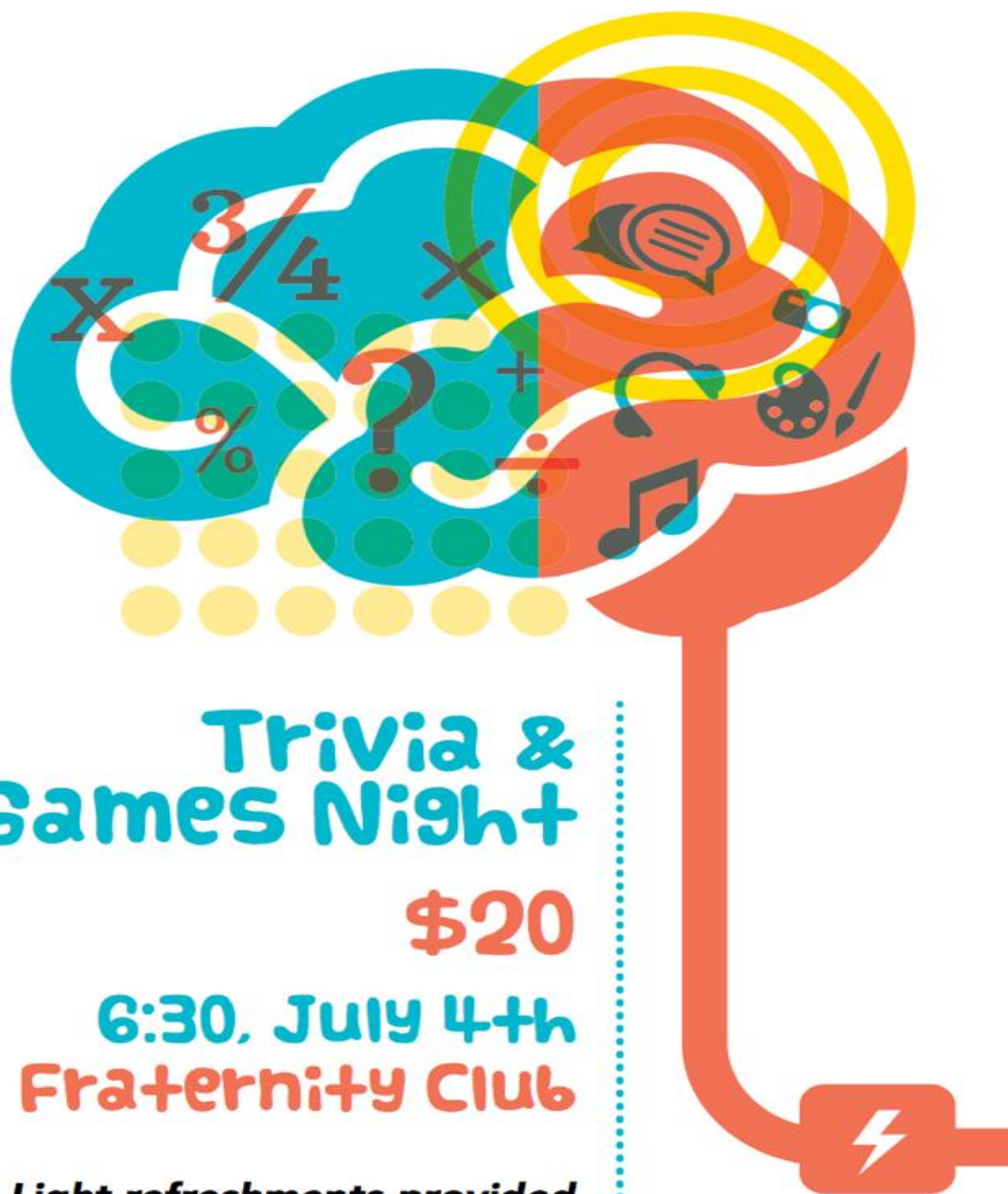
These details are entered each time you make a payment as student information is not held within the payment system. There is also the option to enter the Student Registration Number and Invoice number if you are aware of them, these are optional fields.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office.



Trivia & Games Night

\$20

6:30, July 4th
Fraternity Club

Light refreshments provided

*Raising money to send
Figtree High students
Savannah Reali and
Michael Valceski, to the
International Science
Forum in London*

To purchase tickets contact:

Paula: 0413 007 358

W: 42 712 652.

Suzy: 0402 863 046

ENVY
HAIR
GALLERY

Design courtesy of
121 creative®

WOLLONGONG TERM 3, 2014

LIFT

A group for men and women who may be feeling overwhelmed or experiencing high levels of stress and anxiety. Participants are able to explore feelings in a safe and friendly environment, challenging negative thinking patterns and discover how to build and improve relationships.

CatholicCare, 25-27 Auburn St, Wollongong
5 Friday afternoons 12noon-2:30pm
8, 15, 22, 29 August & 5 September 2014

Workshop Fee: \$20 per session

MY KIDS AND ME FOR WOMEN

A workshop for parents who have had children removed from their care. Assists participants to identify parenting skills, strengths and resources and to develop relationships with their children.

Illawarra Women's Health Centre
2-14 Belfast Avenue, Warrila

7 Thursday Mornings 10am - 12:30pm
14, 21, 28 August, 4, 11, 18 & 25 September 2014

Workshop Fee: \$10 per session

BRINGING UP GREAT KIDS

Parents will learn "mindfulness" techniques to increase awareness of their thoughts & feelings. Parents will learn to be more aware of their children's needs & how to better respond to their child's behaviour to improve children's self identity, decrease parental stress & enhance the parent/child relationship.

CatholicCare, 25-27 Auburn Street, Wollongong

6 Tuesday Afternoons 12noon-2:30pm
12, 19, 26 August, 2, 9 & 16 September 2014

Workshop Fee: \$10 per session

Concessions may apply dependent on financial circumstances

KEEPING KIDS IN MIND - (Mornings)

A post-separation parenting workshop. Learn how to deal more effectively with the emotional and practical issues of parenting after separation. Explores loss and grief in parents and children, communication with your ex-partner, anger, assertiveness, power grabs & impact on children.

CatholicCare, 25-27 Auburn St, Wollongong
5 Wednesday mornings 10am-12:30pm
23, 30 July, 6, 13 & 20 August 2014

Workshop Fee: \$20 per session

KEEPING KIDS IN MIND (Afternoons)

A post-separation parenting workshop. Learn how to deal more effectively with the emotional and practical issues of parenting after separation. Explores loss and grief in parents and children, communication with your ex-partner, anger, assertiveness, power grabs & impact on children.

CatholicCare, 25-27 Auburn St, Wollongong
5 Monday Afternoons 12noon-2:30pm
11, 18, 25 August, 1 & 8 September 2014

Workshop Fee: \$20 per session

123 MAGIC & EMOTION COACHING

CatholicCare Wollongong

This time tested workshop provides easy to follow steps for disciplining children aged 2-12 years without yelling, arguing or hitting.

CatholicCare, 25-27 Auburn St, Wollongong
3 Wednesday Mornings 10am-12:30pm
3, 10 & 17 September 2014

Workshop Fee: \$10 per session

123 MAGIC & EMOTION COACHING

Shellharbour

This time tested workshop provides easy to follow steps for disciplining children aged 2-12 years without yelling, arguing or hitting.

Community Room, Stockland Shopping Centre
Lake Entrance Road, Shellharbour City
3 Thursday Mornings 10am-12:30pm
24, 31 July & 7 August 2014

Workshop Fee: \$10 per session

WORKSHOP BOOKINGS

Campbelltown 4628 0044

Wollongong 4227 1122

Nowra 4421 8248



CatholicCARE

hope begins with us

Other workshops may be available on request.
Limited childcare may be available for some workshops



**FOSTER A
CHILD
TODAY**

**Call us on
4227 1122**



BE COACHED BY CHAMPIONS

Exclusive 'Super Clinics' to be held in the July School Holidays

Cross Country Clinic

Lara Tamsett

World Championships Rep



- WHEN** Tuesday 1 July, 9.00am-11.00am
- WHERE** Centennial Park, 1 Grand Drive
- WHO** Athletes aged between 12 and 18 years of age
- COST** \$55 per athlete
(Includes - coaching clinic, singlet, water bottle and clinic notes)
- REGISTER** Places are strictly so register now at
www.nswathletics.org.au/Coaching/ANSW-Super-Clinics

For more information contact:

Lisa Corrigan, NSW Clinic Coordinator

E: lisa.corrigan@nswathletics.org.au | T: 02 9746 1122



BE COACHED BY CHAMPIONS

Exclusive 'Super Clinics' to be held in the July School Holidays

High & Long Jump Clinic

Petrina Price

Olympian



Middle Distance Clinic

Lisa Corrigan & Youcef Abdi

Olympians



WHEN

Thursday 3 July, 9am – 12pm

WHERE

Sydney Olympic Park Athletic Centre

WHO

Athletes aged between 12 and 18 years of age

COST

\$60 per athlete

(includes - coaching clinic, singlet, water bottle and clinic notes)

REGISTER

Places are strictly so register now at

www.nswathletics.org.au/Coaching/ANSW-Super-Clinics

For more information contact:

Lisa Corrigan, ANSW Clinic Coordinator

E: lisa.corrigan@nswathletics.org.au | T: 02 9746 1122



BE COACHED BY CHAMPIONS

Exclusive 'Super Clinics' to be held in the July School Holidays

Hurdles Clinic

Jacinta Doyle

Champion Hurdler



Javelin Clinic

John Crandell

Oceania Games



- WHEN** Wednesday 2 July, 9am – 12pm
- WHERE** Sydney Olympic Park Athletic Centre
- WHO** Athletes aged between 12 and 18 years of age
- COST** \$60 per athlete
(includes - coaching clinic, singlet, water bottle and clinic notes)
- REGISTER** Places are strictly so register now at
www.nswathletics.org.au/Coaching/ANSW-Super-Clinics

For more information contact:

Lisa Corrigan, NSW Clinic Coordinator

E: lisa.corrigan@nswathletics.org.au | T: 02 9746 1122



**LADIES
IT'S YOUR
TURN TO
PLAY**



**FOOTBALL
FITNESS CLINIC
AND
GAMES**



WOMEN'S FUTSAL FITNESS FUN

WANT TO KEEP UP YOUR FITNESS, MEET
NEW FRIENDS AND PLAY FOOTBALL

**SESSION RUN EVERY
WEDNESDAY'S from
10am to 11AM**

\$12 per session

Sessions start Wednesday 11 June

At 10am (1 hour session)

Excluding School Holidays

Sessions every Wednesday

Register your interest NOW!

www.footballsouthcoast.com

or call Jonathan – 0433 388 725

Venue – Futsal Courts at the

Fraternity Club (11 Bourke Street, Fairy Meadow)

Official Futsal Body on the South Coast

FRATERNITY CLUB, FAIRY MEADOW

RECOGNISED BY FNSW & FFA

TVET

TVET - TAFE while at school



TVET Course Guide available soon



TVET - TAFE while at school

Proposed Courses for 2015 - Wollongong, Wollongong West, Shellharbour and Yallah Campuses.

The TVET program is an opportunity for Year 11 and 12 students to complete two, four or six units of their HSC at TAFE.

All TVET courses contribute units towards the HSC in each year of study, with **selected courses** offering the optional ATAR.

How will a TVET course benefit you?

As a TVET student you will enrol in your school studies, plus a TAFE course, making you eligible for a TAFE qualification as well as working towards your HSC.

All TVET courses are designed to lead to higher level TAFE qualifications. TVET courses:

- will also allow you to continue to study in the chosen field and will improve your chances to enter the workforce
- have been developed or endorsed by the NSW Board of Studies
- provide credit towards an AQF (Australian Qualifications Framework) qualification which is nationally recognised
- count as units of study on the Year 11 Record of Achievement or the Year 12 HSC
- may contribute to the ATAR (depending on course selected)
- assist you to acquire new skills and capabilities

- are appropriate for any ability level, including those who plan to proceed to Higher Education
- are taught by teachers who have direct industry links
- provide all equipment, materials, protective clothing and texts at no cost to all students
- provide articulation into traineeship or apprenticeships
- provide maximum advanced standing into a TAFE NSW Certificate course after you leave school.

How often do you attend TAFE?

Most TVET courses are offered one afternoon per week for four hours.

How do you apply?

You will need to complete an 'Expression of Interest' form available from our website: www.illawarra.tafensw.edu.au/tvet or forms can be obtained from the school's Careers Advisor.

Expressions of Interest for 2015 close on 12 September 2014

For further information about TVET courses:

- visit our website www.illawarra.tafensw.edu.au/tvet
- telephone 4222 2919
- email TVET.Illawarra@det.nsw.edu.au
- talk to your School Careers Advisor

For course listing please see over »

TVET - TAFE while at school

Proposed Courses for 2015 - Wollongong, Wollongong West, Shellharbour and Yallah Campuses.

Your study options

Campus	Industry Curriculum Framework Courses (ATAR) ¹	Board Endorsed Courses (non ATAR) ²
Shellharbour	Automotive (Light Vehicle Servicing)	Children's Services
	Automotive (Heavy Vehicle Servicing)	Fitness (Certificate III)
	Business Services	Maritime Operations
	Electrotechnology	
	Financial Services	
	Human Services - Aged Care	
	Human Services - Health Services (Assist Nursing)	
	Metal and Engineering	
	Retail Services	
Wollongong	Tourism and Events (Tourism Stream)	
	Automotive (Airbrushing)	Baking - Retail
	Automotive (Panel Beating)	Children's Services
	Automotive (Vehicle Detailing)	Community Services Work
	Automotive (Vehicle Painting)	Computer Aided Drafting (CAD)
	Business Services	Laboratory Skills (Environmental)
	Construction (Bricklaying)	Media Journalism
	Construction (Carpentry)	Plumbing
	Construction (Painting and Decorating)	Property Services
	Construction (Shopfitting)	Screen and Media
	Electrotechnology	Signage (Signcraft)
	Electrotechnology (Air-conditioning and Refrigeration)	Surveying
	Entertainment (Live Production, Theatre and Events)	
	Financial Services	
	Financial Services (Accounts Administration)	
	Hospitality (Accommodation Services)	
	Hospitality (Commercial Cookery)	
	Hospitality (Food and Beverage)	
	Human Services - Health Services (Assist Nursing)	
	Information and Digital Technology (Computer Support)	
	Information and Digital Technology (Web Design)	
Wollongong West	Metal and Engineering	
	Tourism and Events (Events Stream)	
Yallah	Tourism and Events (Tourism Stream)	
	Information and Digital Technology - Digital Animation	Beauty (Nail Technology)
		Beauty (Retail Make-up and Skin Care)
		Beauty / Hairdressing COMBO ³
		Hairdressing
		Visual Arts and Contemporary Craft - Drawing
		Visual Arts and Contemporary Craft - Photography
	Primary Industries (Agriculture)	Animal Studies
	Primary Industries (Horticulture) - course will be offered at two locations - Yallah campus and the Wollongong Botanical Gardens.	Horse Industry

1. An Industry Curriculum Framework course enables students to gain a range of technical, personal and organisational skills valued both within and beyond the workplace. The examination mark from one Industry Curriculum Framework course may be included in the calculation of a student's Australian Tertiary Admission Rank (ATAR). Workplacement is compulsory.

2. Board Endorsed Courses contribute towards a student's HSC but not towards the Australian Tertiary Admission Rank (ATAR). These courses have been endorsed by the Board of Studies, Teaching and Educational Standards (BOSTES).

3. TVET COMBO courses consist of 2 x 120 hour TVET Courses designed to complement each other and delivered one day per week. Students undertaking these courses will get an understanding of two different industry areas to assist them with post-HSC career options. Students undertaking a COMBO course will receive 4 units of HSC credit in one year.



Correct at time of printing. Courses will be offered subject to sufficient demand and resources. Date Published: May 2014

www.illawarra.tafensw.edu.au

Follow TAFE Illawarra





CAREER SNAPSHOT

The steel industry



A chance to visit the Port Kembla Steelworks and experience what it's like inside the largest manufacturing site in Australia. Find out what happens in a research laboratory and what is involved to develop new products for BlueScope Steel. Visit UOW and talk with current Engineering students about what they do and what it's like. Have the chance to talk to current cadets who have made the choice to take up a BlueScope cadetship, and then decide for yourself if you want to be one of the new faces of the steel industry.

HOW TO BOOK?

Interested students need to book in for these sessions at Australia's Industry World (contact Lynne Radburn on 4275 7023, or email: tours@aiw.org.au).

There will be no cost for this programme (normally \$7 per student)

WHEN?

The following Programs are planned for 2014:

- Monday 30th June, Tuesday 1st, Wednesday 2nd, Thursday 3rd, Friday 4th of July
- Monday 7th, Tuesday 8th of July

PRE-REQUISITES?

- Minimum age 15 years.
- All visitors must wear suitable clothing** - long trousers, jeans or slacks; and fully enclosed shoes - flat heeled.
- Due to some staircase access, the tour component of this program may not suit people with mobility problems.
- The Port Kembla Steelworks is a working industrial area – the program on the day may be altered at any time to meet process or safety requirements.

SOUTHERN CROSS CULTURAL EXCHANGE

Experience the world — with the help and expertise of Australia's most trusted not-for-profit student exchange organisation.

Across 3 decades, Southern Cross Cultural Exchange has facilitated cultural exchange programs for 16,700 students between Australia and more than 20 countries.

CULTURAL / LANGUAGE IMMERSION PROGRAMS

Students in Years 9 to 12 who wish to gain maximum improvement in language and cultural awareness should join one of the following S.C.C.E. programs to:

**FRANCE U.S.A. GERMANY ITALY SPAIN DENMARK
SWEDEN FINLAND NORWAY HOLLAND IRELAND ENGLAND
JAPAN CHINA MEXICO ARGENTINA**

All programs include:

- Professional support both in Australia & overseas, available 24/7
- Placement with carefully screened, voluntary host family (1 student per family)
- Placement in local school (attendance compulsory)
- Extensive on-the-ground support network available in all host communities
- Professional selection process
- Pre-departure orientation and preparation
- Expert advice on cultural differences & adjustments
- International & domestic group transportation (return) from Sydney to host community on the best international carriers
- Dedicated travel insurance including unlimited medical cover
- Australian & overseas airport taxes & GST

****INFORMATION SESSION DETAILS OVER PAGE****

*"My Local Coordinator contacted me regularly. She was very lovely and helpful."
- Kiralee, Wollongong*



*"I had such an amazing Host Family. They were so supportive & made me feel at home. I was well prepared by S.C.C.E & my French improved so much."
- Christine, Gosford*

1800 500 501 www.scce.com.au scceaust@scce.com.au

SAVE THE DATE

TAFE Illawarra Taste of TAFE

Taste of TAFE gives students
a hands on glimpse of what
TAFE Illawarra has to offer

Wednesday 6 August

Wollongong and
Shellharbour Campuses

More details to follow soon



TAFE!
ILLAWARRA
INSTITUTE

www.illawarra.tafensw.edu.au | 1300 766 123 | Follow TAFE Illawarra



Can Saver Plus assist you with high school costs?

Join Saver Plus and match your savings, dollar for dollar, up to \$500
for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card,
are at least 18 years old, have some regular income from work (you or your
partner) and have a child at school or study yourself.

Contact Lindi Jamieson-Brown, your local
Saver Plus Worker: (02) 4254 4505 / 0427 439 234
or lindi.jamieson-brown@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered
in Illawarra and Wollongong by The Smith Family.
The program is funded by ANZ and the Australian Government.



Parents' guide to preparing for HSC stress with psychologist Erica Day

Wednesday 25th June

@ 6pm

Corrimal District Library

Bookings Essential

For further information and bookings please contact

Corrimal Library on 4227 8179

