



FIGTREE HIGH SCHOOL

PARENT BULLETIN

Term 4 Week 2 17th October 2014

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Email: figtree-h.school@det.nsw.edu.au

School Events

Week 2 (B)	Beginning Monday 13 th October
13.10.14	- HSC Examinations commence at 10:20am for English (Standard) and English (Advanced) – Paper 1. Hospitality (VET) examination at 1:55pm.
14.10.14	- Links to Learning - HSC Examinations continue at 9:25am for English (Standard) and English (Advanced) – Paper 2. Industrial Technology – Timber Products and Furniture Technologies at 1:55pm.
15.10.14	- HSC Examinations continue at 9:25am for Ancient History and PDHPE at 1:55pm.
16.10.14	- HSC Examinations continue at 9:25am for Information Processes and Technology. Construction (VET) is at 1:55pm
17.10.14	- HSC Examinations continue at 9:25am for Engineering Studies and Modern Greek Beginners. Community and Family Studies at 1:55pm - Yr 11 Textiles Excursion
Week 3(A)	Beginning Monday 20 th October
20.10.14	- HSC Examinations continue at 9:25am for Biology and 1:55pm for Music 1 Aural Skills - Vaccinations – Year 7 Students and Yr 9 Boys - Year 10X PASS Northern Bowl Excursion
21.10.14	- HSC Examinations continue at 9:25am for Modern History - Links to Learning - Year 10 Science Practical Assessment Tasks - RAW Program excursion to Keira HS - Yr 11 Entertainment Assessment Task
22.10.14	- HSC Examinations continue at 9:25am for Mathematics and Mathematics Extension 2 and 1:55pm for Mathematics General 2 - RAW Program excursion to Keira HS - SRC Leadership Conference day - P and C Meeting in Library – 7:30pm
23.10.14	- HSC Examinations continue at 9:25am for Business Studies and 1:55pm for Senior Science - RAW Program excursion to Keira HS - Sky's the Limit – Para Mini Olympics Event – Beaton Park - Year 10YPASS – excursion to Northern Bowl
24.10.14	- HSC Examinations continue at 9:25am for Economics and Metals and Engineering (VET) and 1:55pm for Textiles and Design and Software Design and Development - Scripture: 7O, 7N and 7E - 10Z PASS excursion to Northern Bowl
Week 2 (B)	Beginning Monday 27 th October
27.10.14	- HSC Examinations continue at 9:25am for Chemistry and 1:55pm for Drama - Little Figgies Play Group 10:45am – 12:15pm - 9Z PASS Excursion to Northern Bowl
28.10.14	- HSC Examinations continue at 1:55pm for Mathematics Extension 1 - Year 9 Links to Learning - U15 Girls South Coast Basketball Finals – UOW - 9X PASS Excursion to Northern Bowl
29.10.14	- HSC Examinations continue at 9:25am for Legal Studies - Year 8 Cyberbullying and Sexting Education program
30.10.14	- HSC Examinations continue at 9:25am for Earth and Environmental Science and 1:55pm for English Extension 1
31.10.14	- HSC Examinations continue at 9:25am for Physics and Business Services (VET) 1:55pm for Society and Culture and Automotive (VET) - Year 7 Scripture: 7M, 7T and 7B

PRINCIPAL'S REPORT

Congratulations

Our recently elected school captain, **Jelena Zaric**, has been selected to participate in the NSW Schools Constitutional Convention at Parliament House, Macquarie St, Sydney, on Monday 10th November 2014. Well done Jelena.

Year 7 2015 Information Evening

Thank you to the parents and students who attended the Year 7 2015 Information Evening on Thursday 9th October.

It was wonderful to meet so many students and their families. I look forward to working with you throughout your child's schooling at Figtree High School. Please contact the school if you have any other queries.

Sporting Excellence

Thank you to Mrs Sharon Twigg for emailing the exciting news of our Figtree High School student's successes at the NSW All Schools Athletics Championships. Full details of our student's results are featured in this newsletter. Congratulations to **Jarrold Twigg (Yr 9)**, **Momolu Sirleaf (Yr 9)**, **Teghan Barklay (Yr 10)** and **Joshua Head (Yr 10)**.

The exciting news is that Jarrold Twigg and Teghan Barklay have qualified to compete in the national competition in Adelaide 5-7 December. Congratulations to all the students who competed.

I would encourage all parents to inform the school of any Figtree High School student's achievement in curricula or extra curricula events or programs so that we can celebrate this with our school community.

NAIDOC Public Speaking and Debating Challenge

Figtree HS Students are regional winners at the NAIDOC Public Speaking and Debating Challenge Final 2014. Congratulations to **Jasmine Lee Yr 9**, **Taranom Rahmani Lasjerdi Yr 9**, **Taymin-Lee Pagett Yr 7** and **Sarah Dawson Yr 7**. The students were well supported and mentored by **Mrs Jessica Williams** from the English faculty. A special congratulations to **Taymin-Lee Pagett** of Year 7 who has been asked to be the Master of Ceremonies at the upcoming Illawarra and South-East Regional Aboriginal Education Award Ceremony.

Thank you.

Carol Marshman
Principal

Figtree High School's Core Values

A Focus on Safety – Cybersafety

With the release of Figtree High School's BYOD (Bring Your Own Device) Policy at the end of last term, it is timely to provide parents with some strategies to support their children in being good digital citizens and ensuring that students are safe online. The following tips have come from the School A-Z website. Additional information is available from this website to assist parents.

<http://www.schoolatoz.nsw.edu.au/en/technology/cybersafety>

Keeping your kids safe online is easy with a few simple precautions.

1. Nothing replaces parental supervision and education for kids about cybersafety.
2. Set technology curfews and limits.
3. Remind your child to never give out identifying information such as your home address, school name or telephone number in a public message.
4. If your child posts photos online, use privacy settings to limit access only to people they know well.
5. Remind your child that people don't always tell the truth online, and they can't take anything at face value.
6. Reassure your child that they can tell you anything, without fear of losing the laptop or internet access.
7. If they get a message or email that's threatening or rude, they should 'STOP, BLOCK, TELL'. First step is to tell your child to **stop** responding to the abuse and then **block** those people sending threatening or rude messages if they continue. Let your child know that if they are being bullied, or know someone else who is, they should **tell** a trusted adult.
8. Never click on any links that are contained in emails from people they don't know. As well as sexual content, they could contain a computer virus.
9. If you suspect your child has been contacted by a predator, try to save a copy of the chat log (or whatever form the contact takes) for evidence. Call [Crime Stoppers](#) 24-hour line 1800 333 000 to make a formal complaint.
10. Your child will be using computers and the technology for the rest of their lives – you're in the great position of being able to get them off to a safe, positive start.

PBS VALUES

Week 2: LEARNING

Stay on task and do your best

Week 3: SAFETY

When entering & leaving the school, obey community rules and laws

Year 8 Pilot Program – NSW Police

Our school has been invited to take part in an education program delivered by NSW Police, targeted to our Year 8 students. This program will explore issues related to cybersafety and sexting. Students have completed a pre-program questionnaire and will be participating in the education day on 29/10/14. The program will be followed by a post-program questionnaire. We thank the parents of our Year 8 students for their support of this very valuable program. Mr Simmonds and Mrs Dive, our Year 8 Years Advisors have worked hard to ensure the success of this program for our Year 8 students.

Student Health and Wellbeing

Infectious Diseases/Conditions

There are several infectious diseases that are highly contagious so it is important that parents notify the school if their child is diagnosed with any of the following conditions;

- Whooping cough - Scabies - Chickenpox
- Hand, foot and mouth disease - Head Lice
- Impetigo - Meningococcal
- Slapped Cheek syndrome - Measles

Notifying the school quickly can ensure that any student or staff member who may be at risk of contracting the infectious disease/condition can be informed of the potential exposure and appropriate medical treatment sought if necessary. This will help to minimise the spread of infectious diseases in our school community.

The School A to Z website and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. It is essential that students do not return to school if they are still infectious. The following link provides this information <http://www.schoolatoz.nsw.edu.au/documents/49158/49542/Too%20sick%20for%20schoolFINAL.pdf>

Ellie Donovan
Deputy Principal

NSW All Schools Track & Field Championships

Congratulations to our students who competed in the NSW All Schools Track and Field Championships at Homebush from the 9-12th October.

A huge congratulations to **Jarrold Twigg** and **Teghan Barklay** who have qualified to go to the Australian Championships in Adelaide from 5th to 7th December. Jarrold qualified for all 3 events and Teghan has qualified in the 200m Hurdles.

Jarrold Twigg

16 years Boys 110m Hurdles (competed in an age above)
1st 14.61s
15 years Boys 200m Hurdles 1st 25.85s
15 years Boys 100m 2nd 11.33s



Momolu Sirleaf

15 years Boys Long Jump 4th 6.03m

Teghan Barklay

15 years girls Long Jump 4th 5.11 m

15 years girls 90 m hurdles 3rd 13.62

15 years girls 200m hurdles 2nd 30.66



Joshua Head

15 years Boys 800m 4th 2.01.76

Well done to our talented Figtree High Students.

Figtree High School

2014/15 Pricelist



Factory Outlet shop
1/31 Montague Street, Fairy Meadow
Phone: 4226 1611
Trading Hours Mon - Fri 9am - 5pm



Junior Girls All Season Uniform

Blouse	White layback style with crest		\$24.99
Polo Top	White short sleeve with crest		\$26.99
Skirt	Navy, black & white check - Aline style		\$39.99
Shorts	Navy stretch - mid length		\$32.99
Slacks	Navy Stretch		\$39.99
Jacket	Navy Hooded Zip jacket with crest		\$42.99
Socks	white ankle style	3 pkt	\$12.99

Senior Girls All Season Uniform

Blouse	White layback style with crest		\$24.99
Skirt	Navy Aline style		\$39.99
Shorts	Navy stretch - mid length		\$32.99
Slacks	Navy Stretch		\$39.99
Jacket	Navy Hooded Zip jacket with crest		\$42.99
Socks	white ankle style	3 pkt	\$12.99

Junior Boys All Season Uniform

Polo Top	White short sleeve with crest		\$26.99
Shorts	Navy elastic waist style	From:	\$19.99
Shorts	Navy cargo style		\$22.99
Trousers	Navy elastic waist style		\$27.99
Jacket	Navy Hooded Zip jacket with crest		\$42.99
Socks	white ankle style	3 pkt	\$12.99

Senior Boys All Season Uniform

Polo Top	White short sleeve with crest		\$26.99
Shorts	Navy elastic waist style	From:	\$19.99
Shorts	Navy cargo style		\$22.99
Trousers	Navy elastic waist style		\$27.99
Jacket	Navy Hooded Zip jacket with crest		\$42.99
Socks	white ankle style	3 pkt	\$12.99

Unisex Sport Uniform

Sport Polo	Available at the school
Sport Shorts	Available at the school

All prices subject to change - current Aug 2014

CANTEEN NEWS

We are still needing more parent volunteers to help out at our wonderful canteen. As this is the main fundraiser for Figtree High School, we are now having to pay staff to replace volunteers. This is impacting greatly on the money we can make for the school. The money the canteen raises goes towards purchases of resources that your child/children use everyday, such as interactive whiteboards.

If you could spare just a minimum of 1 hour (11.15am to 12.15pm) to help serve and to restock supplies, that will go such a long way to solving this ongoing issue.

Some of our students are not getting served until the end of their lunch breaks which leaves them little time to eat before returning to class.

If you could help us with solving this, please call the canteen on 4271 2787 ASAP and speak with Narelle.

P&C NEWS

Just a friendly reminder that our next P&C meeting will be held at 7.30pm next Wednesday 22 October, 2014 in the Library. All welcome.

If you cannot make it to the meeting and you have a topic you would like discussed on your behalf, please email Sharyn Low P&C President C/-

figtree-h.school@det.nsw.edu.au

SMS Messages to Parents

If you receive an SMS from Figtree High School informing you that your child has been marked absent on that day and you are replying back by SMS, could you please state your child's full name and what year they are in as it makes it difficult for us to identify the child with just a Christian name.

Thank you for co-operation

Administration Office



Figtree High School

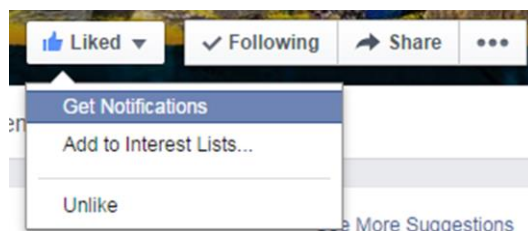
is on Facebook  Like

Show your support and keep up to date with our latest news posts by clicking 'Like' on our page.

Social media has changed the way people work, live and play. It's changed the way we connect with family and friends, with colleagues, with service providers, organisations and governments.

Figtree High School has recognised this fact and setup its own Facebook page to help parents, students and the wider community keep up to date with current news, student achievements and events at Figtree High School.

When you click 'Like' on our Facebook page, you will automatically get updates on your news feed from our page. As an added extra, if you would like to receive push notifications when we post to Facebook, first 'like' our page then an extra option should appear as shown below where you can elect to 'Get Notifications'.



Visit our Facebook page here [Figtree High School – Official](#)

Don't forget to visit or [official school website](#) for a more comprehensive guide to our school including news, events, policies and guidelines.



Ray White Wollongong/Figtree

69 Kembla Street, Wollongong 2500

ph: 4229 8600 fax 4225 9359

are the proud sponsors of the

**Ray White Wollongong/Figtree
Student Scholarships 2014 - 2018**

COMMUNITY NOTICEBOARD

BULLI PUBLIC SCHOOL FETE



RIDES
ENTERTAINMENT
STALLS
DEATH VALLEY
LOCK UP

CAKES
COFFEE
BBQ AND PIZZA
GAMES
MONSTER RAFFLE
REPTILE SHOW

Saturday 25 October

11am-4pm



GOLD SPONSORS



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FAQs

i98FM Camp Quality Convoy ('Convoy'):

- 'Convoy' is a one day event held in the Illawarra each year, on the third weekend in November.
- 'Convoy' began in 2005 after Marty Haynes, i98FM's radio breakfast show host, began the concept while working in Canberra, after the sad passing of one of his young listeners. Then, it was known as the Convoy and Carnival for Cancer Kids.
- When Marty began work for the WIN Radio organisation in the Illawarra he brought the idea with him.
- 'Convoy' has approximately raised over \$4,000,000 for Camp Quality Illawarra in its first nine years. See below for some figures.

Year	Amount Raised	Number of Trucks	Number of Bikes
2005	\$ 53,000	200	100
2006	\$ 93,830	350	130
2007	\$ 149,343	520	180
2008	\$ 287,967	600	380
2009	\$ 343,255	720	500
2010	\$ 266,729	740	670
2011	\$ 691,710	700	730
2012	\$1,009,735	760	930
2013	\$1,191,816.22	780	872

- 'Convoy' travels a distance of 70km from Illawarra Coal's West Cliff Colliery at Appin, through the streets of the Illawarra to the final destination at the Croome Road Sporting Complex in Albion Park Rail. (Link to the 'Convoy' route)
- A free Family Fun Day is held at the end, where trucks and bikes are parked for onlookers to check out and entertainment is provided. 'Convoy' has attracted such names as Shannon Noll, Diesel (Mark Lizotte), and Delta Goodrem.
- 'Convoy' is open to all truck and bike enthusiasts, who register to take part for a \$30 donation.
- The opportunity to take the coveted spot as Lead Truck and lead motorbike is fought out in a live to air auction the week leading up to 'Convoy'. Any bid in this auction is considered a donation pledge.
- The astounding 2013 total amount of over a million dollars illustrates the amazing support this event continues to generate. From the thousands of onlookers that line the streets and attend the Family Fun Day, to the people that read and watch the extensive media coverage, to the truckies and bikies, to the 'Convoy' committee: it's a massive occasion on the Illawarra's Events Calendar.

The Peoples Truck:

- The Peoples Truck had its first year in 2011.
- The brainwave of McMahon's Transport's owner, Derek McMahon, the concept allows the general public to buy sign writing space on the side of a truck.
- Derek 'hands over' a truck from his own fleet to the general public; the people of the Illawarra and beyond. It becomes their truck, traveling in 'Convoy' to represent them and their support of Camp Quality.
- Below are some interesting figures

Year	Personal Names	Business Names	Logos	Amount Raised
2011	503	86	76	\$43,276.20
2012	590	142	78	\$86,000.20
2013	435	61	126	\$102,640.80

- In both 2011 and 2012 the Peoples Truck was the fourth highest bidder in the auction for lead truck, and therefore travelled with the starting trucks of the convoy. This is a sought after position given to those companies/organisations raising and donating the most money for Camp Quality.
- In 2013, the Peoples Truck was the second highest bidder in the lead truck auction. This is the best position the Peoples Truck has achieved, demonstrating the growing interest in the truck and the popularity of the concept.
- The Peoples Truck is parked in the reserved dress circle surrounding the entertainment stage at the Family Fun Day at Croome Road, meaning it becomes an attraction for the thousands of people who attend.
- Many people who have donated find the truck, search for their names and have photos taken.
- Many people choose to throw coins in a bucket instead of making a registered donation to the Peoples Truck. The money from the 'cash buckets' is accumulated and goes towards having the names of the sick children on Camp Quality Illawarra's roll sign written on the truck.
- For the past two years two sick children have travelled 'Convoy' in the Peoples Truck. This allows them to experience first-hand the interior of the truck, its engine noise, the all-important truck horn, the UHF radio and to look out at the show of support lining the streets for them.
- 100% of all money raised by the Peoples Truck is donated to Camp Quality. McMahon's Transport meets all promotional and administrative costs involved in the organisation of the Peoples Truck.

Camp Quality:

- Camp Quality was established in 1983, after the founder, Vera Entwistle, emigrated to Australia from the USA.
- Before leaving the USA, Vera had read about a program to support families of children living with cancer. Part of this support was a commitment to more fun and laughter.

- After arriving in Australia, Vera dedicated her time to setting up a recreation based program, with the idea of bringing a group of children together at a camp where they could participate in activities that they may have missed out on because of their illness.
- A doctor gave Vera the idea for the name. He had told her that:

“No one can do anything about the quantity of anyone’s life,
but all of us can do something about the quality”.

- The first camp in 1983 was attended by 38 children and 38 volunteer carers.
- In 1988 an educational puppet was introduced to teach school children about cancer and to dispel myths and concerns.
- In 2001 the smiling ‘Giggle’ face logo was introduced and has become synonymous with Camp Quality’s philosophy of optimism, fun therapy and laughter.
- Camp Quality now operates programs in every state and territory in Australia. Camp Quality Camp Quality provides:
 - Family Support: Connect Care, Domestic Support, Holiday Respite, Family Experiences, Financial Support
 - Hospital Program: In Hospital Support, Play Therapy, Partnering Hospital Projects
 - Education Programs: Puppets for Primary Schools Program
 - Recreation Programs: Family Fun Days, Family Camps, Kids Camps
 - Graduation Programs: for 13 year olds and over, teaching resilience, Graduation Camp and Transitioning beyond Camp Quality.

Please visit www.thepeoplestruck.com.au or i98.com.au/convoy for further information on the convoy itself or if you would like to fundraise for this worthwhile cause.

Inaugural Jayne Wilson Memorial Exhibition:

The First Floor Program invites your participation, as well as friends & family, in the Inaugural Jayne Wilson Memorial Exhibition, a celebration of creativity in honour of Jayne Wilson.

THEME:

The theme for the inaugural Jayne Wilson Memorial Exhibition will be "Sunflowers". Works must feature, include, reference or evoke Sunflowers to be eligible.

ARTISTIC MEDIUM:

All forms of creativity and artistic expression are welcomed however, as a criteria of entry, all submitted works must be capable of being displayed during the exhibition.

CATEGORIES:

Youth (under 18 years)

Open (18 years and over)

PRIZES:

PEOPLE'S CHOICE AWARD:

The People's Choice Award will be decided by the artwork with the most community votes at the close of the exhibition

WILSON FAMILY'S CHOICE:

decided by members of Jayne's family, and presented at the official exhibition opening, this will be awarded to the entry which best represents Jayne - her personality, work and legacy.

Important Dates:

Artwork Submission: All entries must be received no later than 5pm on Friday 12th December 2014. Artworks must be delivered to:

The Salvation Army First Floor Program, level 3, 11-13 Burelli St, Wollongong.

Exhibition Opening: The Exhibition will be officially launched on Thursday evening, January 22 and open 10am-3pm daily until Sunday, February 1, 2015.

Full information, including Terms and Conditions: First Floor Program on (02) 42291079.

WOLLONGONG TERM 4 2014

LIFT

A group for men and women who may be feeling or experiencing high levels of stress and anxiety. Participants are able to explore feelings in a safe and friendly environment, challenging negative thinking patterns and discover how to build and improve relationships.

5 Monday afternoons 4pm-6.30pm
3, 10, 17, 24 November & 1 December
CatholicCare, 25-27 Auburn St, Wollongong

Workshop Fee: \$20 per session

KEEPING KIDS IN MIND

A post-separation parenting workshop. Learn how to deal more effectively with the emotional and practical issues of parenting after separation. Explores loss and grief in parents and children, communication with your ex-partner, anger, assertiveness, power grabs & impact on children.

5 Tuesday Afternoons 12noon-2.30pm
21, 28 October, 4, 11 & 18 November
or
5 Thursday Evenings 6.30pm -9pm
23, 30 October, 6, 13 & 20 November
CatholicCare, 25-27 Auburn St, Wollongong

Workshop Fee: \$20 per session

KIDS & BULLYING - ACROSS THE SPECTRUM

This workshop helps parents of children with Autism Spectrum Disorder (ASD) better understand the challenges faced by their children when dealing with bullying and cyberbullying. It explores: definitions of bullying, characteristics of an ASD child which may make them more vulnerable to bullying. Warning signs that your child may be being bullied, prevention strategies, resilience, strategies and involving the school.

2 Tuesday Mornings 10am -12.30pm
7 & 14 October
CatholicCare, 25-27 Auburn St, Wollongong

Workshop Fee: \$15 per session

MY KIDS AND ME

A workshop for parents who have had children removed from their care. Assists participants to identify parenting skills, strengths and resources and to develop relationships with their children.

7 Friday Mornings 10am -12.30pm
24, 31 October, 7, 14, 21, 28 November & 5 December
CatholicCare, 25-27 Auburn St, Wollongong

Workshop Fee: \$15 per session

ROLLERCOASTERS 8-12 years

An 8 week program developed to assist children who are experiencing parental separation, divorce or parents who have re-partnered. Rollercoaster helps children to understand change and loss; develop strategies for anger management and problem solving; and understand a whole range of feelings and emotions.

8 Tuesday Afternoons 4pm -5pm
14, 21, 28, October, 4, 11, 18, 25 November & 2 Dec
CatholicCare, 25-27 Auburn St, Wollongong

Workshop Fee: \$15 per session/family

123 MAGIC & EMOTION COACHING

This time tested workshop provides easy to follow steps for disciplining children aged 2-12 years without yelling, arguing or hitting.

3 Monday Evenings 6.30pm -9pm
13, 20 & 27 October
or
3 Wednesday Mornings
29 October, 5 & 12 November
CatholicCare, 25-27 Auburn St, Wollongong

Workshop Fee: \$15 per session

SEASONS FOR GROWTH (Adults program)

This program provides the opportunity for participants to understand and cope with grief and loss and changes that occur throughout life. It educates people about the grief process and assists them to develop skills for coping, problem solving and decision making. The program also builds a peer support network and helps restore self confidence.

4 Monday Afternoons 12noon-2.30pm
20, 27 October, 3 & 10 November
CatholicCare, 25-27 Auburn St, Wollongong

Workshop Fee: \$15 per session

BRINGING UP GREAT KIDS

Parents will learn "mindfulness" techniques to increase awareness of their thoughts & feelings. Parents will learn to be more aware of their children's/teen's needs & how to better respond to their child's behaviour to improve children's self identity, Decrease parental stress & enhance the parent / child relationship.

6 Thursdays
12noon-2.30pm 9, 16, 23, 30 October & 20 Nov
10am-12.30pm on 6 November
CatholicCare, 25-27 Auburn St, Wollongong

Workshop Fee: \$15 per session

WORKSHOP BOOKINGS

Campbelltown 4628 0044
Wollongong 4227 1122
Nowra 4421 8248



Concessions may apply dependent on financial circumstances